



Your Rushmere

Summer 2019 Newsletter

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Don't miss the
'Young Zone' on page
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win a beautiful
butterfly garden on
page 12

WELCOME

to the new look Rushmere St. Andrew
Parish Council Newsletter.
There 's been a lot happening in the Parish
and a lot more to look forward to...

Broke Hall Primary School Time Capsule Beacon Legacy Event



'This has been a great community-based project, for the whole of the parish of Rushmere St Andrew, from start to finish and it is extremely

gratifying that there will be an enduring legacy at Broke Hall Primary School.'

County Councillor Robert Whiting

Many of you will have attended the Rushmere St Andrew Beacon Event organised by the Beacon Working Party from the Parish Council and held at the Ipswich School Sports Centre on the evening of 11th November 2018. This event was part of the national celebrations to commemorate 100 years since the end of WWI, and I am sure you will have enjoyed all the different events which took place during the evening.

Once all the costs had been met, there was still an amount of money remaining. The Working Party agreed that this sum of money should be used to create a legacy for the Beacon Event. This has taken the form of the planting of 100 trees on the playing field at Broke Hall School and the burial of a time

capsule by the year 5 pupils and the dedication of a plaque.



On 11 March this year, year 5 pupils gathered together on the field to plant 100 small trees with the help of James Baker from the Greenways Project. Over the next two months Year 5 collected and produced items and work, including a day in the life of a headteacher written by Mrs Barr and put them into the time capsule.

On the morning of 23rd May, year 5 pupils and staff, and Rushmere St Andrew Parish Councillors gathered together to see the time capsule put into the ground by Mr J Chisnall,

the School's caretaker, who is retiring this summer after 43 years at the school. Two of the pupils then uncovered a special plaque. The time capsule will be dug up in thirty years' time when it is hoped that the children of our current pupils will be attending the school.

Many thanks are due to all the people who worked to create and organise this activity, especially the members of the Beacon Working Party, Councillors Mark Newton, Robert Whiting & Deborah Dean who funded all of this from the grants they kindly provided from their enabling communities budgets of East Suffolk Council and also to those who organised the Beacon Legacy at Broke Hall Primary School, especially our Assistant Parish Clerk, Mrs Sarah Jenkins and Parish Councillor James Wright.

Councillor Mirabel Brown



Kaye Souter

NDSF. FSF.

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Consultation Service

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The Forge, 96 The Street,
Rushmere St. Andrew, Ipswich IP5 1DF

Large portfolio available to view



From the Editor

Welcome to the new look Rushmere St Andrew Parish Newsletter. We have kept regular articles such as Nature Notes, Local History and Rushmere Readers.

You may spot several themes running throughout this issue; bees, the environment and community.

We have also changed the name.

The Newsletter Editorial Advisory Panel debated over this for a long time as they received many suggestions, but in the end, after numerous cups of tea, they decided on 'YourRushmere'.

There are beautiful parish photographs of the Parish dotted around these pages taken by Martin Colbert Photography (www.martincolbertphotography.com).

Maybe you can spot where in the Parish they have been taken?

We hope you enjoy this Summer edition of the Newsletter and find something to interest you, whether you be a younger or older reader!

The Winter Newsletter will be with you late November. Meanwhile, enjoy your Summer and hopefully some sunshine!



Rushmere St Andrew Parish Councillors and Officers

BEECH WARD

Mr. C Griggs	65 The Street, IP5 1DE	07921 821869
Ms. C Evans	9 Blackdown Avenue, IP5 1AZ	01473 617535

VILLAGE WARD

Miss. A Cracknell	148 The Street, IP5 1DH	01473 719746
Mrs. B Richardson-Todd (Vice-Chair)	57 Playford Road, IP4 5RJ	07801 736067
Mr. R E Whiting	105 Playford Road, IP4 5RQ	07714 598155

TOWER WARD

Mrs. M Brown	15 Chestnut Close, IP5 1ED	01473 725720
Mr. D J Francis	14 Clovelly Close, IP4 5UF	01473 723453
Mr. M Newton	11 Chestnut Close, IP5 1ED	07788 456641
Mr R Nunn	c/o Parish Council Office	01473 711509
Mr. P M Richings (Chairman)	29 The Pastures, IP4 5UQ	01473 436688
Mrs S Todd	75 Claverton Way, IP4 5XF	07713 800858
Mr. B Ward	12 Playford Road, IP4 5RH	01473 622272
Mr. J Westrup	9 Holly Lane, IP5 1DN	01473 272257
Mr J Wright	4 Bodiam Close, Ipswich, IP3 8QR	07494 447391

Vacant

Tower Ward

Clerk to the Parish Council & Responsible Financial Officer

Mrs S Stannard Email: sylvia.stannard@rushmere-st-andrew.org.uk	01473 711509
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Assistant Clerk

Mrs S Jenkins Email: sarah.jenkins@rushmere-st-andrew.org.uk	01473 711509
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Parish Office

Tower Hall, 5 Broadlands Way, IP4 5SU	01473 711509
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Website www.rushmerestandrew.onesuffolk.net

Allotment Manager

Mr John Westrup 9 Holly Lane, IP5 1DN	01473 272257
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Registrar to the Burial Authority (Lawn Cemetery Enquiries)

Mr A Duncan 8 Crofton Close, IP4 4QR	01473 727389
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Advertising Enquiries to Sarah Jenkins, see above

Safer Neighbourhood Teams

Tower Ward & Beech Ward: To speak with an officer at Ipswich East SNT – telephone 101

Email: IpswichEast.SNT@suffolk.pnn.police.uk

Village Ward: To speak with an officer at Woodbridge SNT – telephone 101

Email: Woodbridge.SNT@suffolk.pnn.police.uk

PCSO 3208 Gemma Read is our Partnership Funded PCSO and covers all 3 wards

Telephone 101 Email: Gemma.Read@suffolk.pnn.police.uk

Further information about Safer Neighbourhood Teams (SNT) including Team Members; Priorities; Campaigns and Meetings can be found on WWW.Suffolk.police.uk

Forthcoming Parish Council Meetings

All meetings are open to members of the public, and agendas are published on notice boards around the parish and on our website.

Full Parish Council

Thursday 11 July, 7.30pm
Village Hall.

Thursday 12 September,
7.30pm Village Hall.

Thursday 14 November,
7.30pm Village Hall.

General Purposes and Finance Committee

Thursday 8 August, 7.30pm
Tower Hall.

Thursday 10 October,
7.30pm Tower Hall.

Thursday 12 December,
7.30pm Tower Hall.

Parish Amenities and Services Committee

Thursday 18 July, 7.30pm
Tower Hall.

Thursday 19 September,
7.30pm Tower Hall.

Thursday 21 November,
7.30pm Tower Hall.

Planning and Development Committee

These meetings are arranged as and when we receive planning applications for discussion. Notice of meetings and agendas will be placed on notice boards and website.



A Day in the Life of a Parish Councillor...

One of the things I often hear is the phrase "Why don't they do something about it?" This is not unusual when someone is concerned about the state of the grass verge or a streetlamp is not working and of course countless other neighbourhood sagas. It was one of those situations which led me to become a Parish Councillor over 12 years ago.

We had newly moved into Bixley Farm – a location we chose because of the proximity of Rushmere Common (known locally as Rushmere Heath). Like many of you we have dogs and this is an ideal area for walking (with or without dogs!). As you walk through the footpaths and across the open spaces it's wonderful to appreciate the area. Then it's not too difficult to spot a few "issues".

I thought it's no good saying things like "look at all that litter" or, "why hasn't that tree been cleared from the footpath?" when it might be possible to make a difference by being part of a team which sorts out such matters. So, I offered to be co-opted as a Parish Councillor and was accepted by the Parish Council back in 2006. Parish Councillors are elected every four years with the most recent council having been formed from the elections which took place in May this year.

As with many thousands of others who serve on Town and Parish Councils, we are all volunteers and receive no remuneration or expenses. Councillors at this level are very much the "eyes and ears" within the local community. Very often it's a "listening ear" to pick on something which is not quite right or something which local residents would like to see solved.

Occasionally we have to say that the solution to a neighbourhood problem lies with other organisations. It's not always easy to explain the complexity of local government. The two tiers of government above Parish Councils are District Councils and County Councils (East Suffolk Council and Suffolk County Council in our case). So, for example, most highway issues rest with the county council whilst planning matters are largely dealt with at district council level.

So, just what does the parish council do? I thought I would give you a brief run-down of just one day recently. On my way to attend an appointment in Rushmere Village I stopped to check the village ponds. All in good order although I made a couple of notes of items which need attention. Then I took a look at our Play Spaces.

These are the direct responsibility of the Parish Council. At one location a very pleasant elderly resident was making use of the Adult Exercise Equipment installed by the Parish Council within the past couple of years or so. I came away reminding myself that it was your local Parish Council which initiated that project. These are the things which in my opinion can make a real difference to local people and that's one of the reasons for becoming a Parish Councillor.

On my way through from Rushmere Street to Woodbridge Road I always check the footpath! Why would you do that? Well, as part of our Parish Council responsibilities we were able to contribute towards a programme to install a continuous footpath from the village to the main road. Another "success" story where we helped to make a difference.

Arriving home, I then spent some time updating information about the Beacon Event Legacy of planting 100 trees and a Time Capsule in the grounds of the local Primary School.

Then in the evening it was off to the Parish Hall for a committee meeting. There were around a dozen councillors in attendance alongside the Parish Clerk and Assistant Parish Clerk. A fairly full agenda dealt with a range of issues.

These included a report from the Allotments – all good with a small waiting list. Several environmental issues were dealt with and a decision was made to seek tenders for contractors to carry out some essential tree works during the winter. Play spaces are always on the agenda and the most pressing issue was to deal with a set of self-closing gates at one play area where the gates are no longer self-closing!

So, that's what we do (and much more beside) as Parish Councillors. We are fortunate to have a really great team of councillors in Rushmere St Andrew. Meanwhile, although we have the ideas, make decisions and take votes on spending small amounts of your rates, this is all under the guidance of our clerical team. The Clerk (Sylvia Stannard) is also the Responsible Finance Officer. She is ably supported by the Assistant Clerk (Sarah Jenkins). As an "aside" at a recent event, the Chairman of a nearby Parish Council and I were talking about parish clerks. Without any doubt the work they do is invaluable and here in Rushmere we are so fortunate to have the team we have.

Councillor James Wright

Councillor Vacancy

There is currently one vacancy for a parish councillor in Rushmere St Andrew.

The Parish Council makes decisions about services such as allotments, play areas and the Lawn Cemetery. The Parish Council also looks after the Parish assets, plan events and comments on planning applications in the parish, etc; as well as work with other service providers such as the district and county council.

If you can spend just a few hours a month, (most meetings are in the evening) and if you feel you could make a difference to what goes on in our Parish then please do get in touch. **For more information or to apply for this rewarding role please contact the Parish Clerk, Mrs S Stannard.**

New Boundaries

In July last year the Boundary Commission for England considered the merger of the former Waveney and Suffolk Coastal District Councils into East Suffolk Council. Part of this process was to re-align their ward boundaries. Unfortunately for the

Parish Council this means that our wards have to align with the district boundaries, and it left us with three wards rather than two wards as previously.

The 'new' wards in the parish are the Tower, Village and Beech wards with 10 councillors representing the Tower ward, 3 councillors representing the Village ward and 2 councillors representing the Beech ward. The reason for the re-alignment of the East

Suffolk boundaries was to balance the number of councillors needed with the number of voters but other considerations were to provide for an effective local government and to reflect community identity.

[On page 3 you can find a list of councillors for each ward in the parish and contact details for the councillors should you like to get in touch with them.](#)



Parish Councillors (from left to right); Sarah Todd, Dennis Francis, Phil Richings (Chairman), Mark Newton, Robert Whiting, James Wright and Mirabel Brown at Broke Hall Primary School Playing Field for the Time Capsule dedication in May.

News from Rushmere St Andrew Parish Allotments

I've just discovered that we have an Allotment holder, who at the age of 15 took on a plot here and is still with us, a continuous plot holder for 60 years! This may be a record, but they are not the oldest tenant in years by any means.

At the other end of the scale we have just welcomed a new plot holder age 19 so there is hope for the future of our allotments.

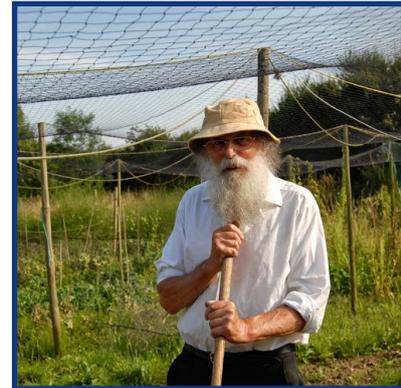
It has been a poor start to the growing season with unseasonal cold and dry weather, which means nothing is moving but at least it looks as though we may have seen the last of

the frosts.

Most of us are inclined to sow seeds nice and early in the year but when the soil is cold nothing is gained. I've just sowed parsnips for the second time this spring as the first sowing many weeks ago did not appear.

The Allotments are looking in very good order, the best I have seen in my 30 plus year tenure, all plots are taken but the waiting list is short so if you are interested don't be put off. Enquiries should be to the Parish Clerk.

John Westrup (Allotment Manager)



An Update from you Local History Recorder

Following my plea for any information in the last newsletter regarding the Old Hop Gardens Beer House (See photograph), I am pleased to report that someone has contacted me with some interesting information and a photograph, for which I am very grateful!

According to Suckling's History and Antiquities of Suffolk "hops were grown by Mr Cobbold at Rushmere in 1841 and he also had a garden of 23 acres at Foxhall. when hop growing in Suffolk was in decline."

In the 1851 census the beer housekeeper at the Rushmere Hop Gardens was Joshua Parish, his occupation given as inn-keeper and hop-planter. By the 1861 census Joshua Parish is listed as a farmer and beer housekeeper. However, Joshua Parish died in 1864 and his widow remarried to William Burnett. They continued to live at the Hop Gardens, but William Burnett's occupation is only given as farmer.

In 1879, Mr Cobbold sold the land and adjacent brick yard to builder John Pells and his son, James. James Pells moved to the Old Hop Gardens, listed in the 1881 census as a farmer, but sadly died at the age of just 26 in 1883.

After that, the Cooper family lived here, Horace Cooper from Westerfield married Alice Walford from Rushmere in 1882. They moved to the Old Hop Gardens as farming tenants following the death of James Pells. They eventually purchased the Old Hop Gardens in the early 1900s.

Sadly, two of their sons: Christopher and Horace were killed in World War One and they are remembered on the church war memorial. Christopher had emigrated to Australia and was serving with the Australian Infantry in France, and Horace was a schoolteacher serving with the Royal Army Medical Corps.

The house itself was eventually sold and demolished, we think in the late 1950s, by which time it was in a poor state with the upper floor just used for storage with broken windows and missing tiles.

The site is currently occupied by Foxwood and was previously part of the Co-op group trading as Aries Garage.

Ruth Silburn



Leonard Woolf

Leonard Woolf died suddenly in November 2018, and was a past resident of Rushmere St Andrew, his parents owned the Post Office and Leonard also managed the piece of land opposite the church. Although he no longer lived in the village, he was passionate about everything to do with Rushmere and its history. His knowledge of the history of Rushmere surpassed that of everyone else, and his fund of stories was amazing. He also had accumulated a vast collection of written articles and photographs.

He was instrumental in leading a small group of volunteers who organised a very successful local history exhibition in the Village Hall in June 2017. Following the success of the exhibition it was suggested that we endeavour to chronicle and portray this information in a book, which we intend to complete even if behind schedule.

We are indebted to Leonard for his vast knowledge of Rushmere and constantly miss his reminiscences. I know that there were gaps in Rushmere history that Leonard would have liked to have gained more information, in particular relating to World War Two : anything to do with the local Home Guard, Air raids in the area, 1945 Victory Bonfire on the Church Meadow, Italian Prisoners of War working at Rushmere. If you can help us fill these gaps with reminiscences or photographs, it would be much appreciated.

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From your local history recorder Ruth Silburn:

Please send any relevant information on the above articles on the Rushmere Hop Gardens or the late Leonard Woolf to me at:

Email: rsilburn@hotmail.com

Tel: 01473 711872

Thank you.

Chestnut Pond

Keep a look out, over the next few months you will see a new information board appear containing details on the history and the wildlife of the pond.

Nature Notes “How Lucky we are!”

Indeed, we are; that was the sentiment expressed by the entire group on our recent walk-about around the Sandlings and Millstream Local Nature Reserves. Starting near the Water Tower on Bixley Farm we generally followed the Millennium Trail down and through the woodland section, past the “Church Meadow”, across Bladen Drive onto the Millstream section and finally returning to the starting point via sections of Bixley Lane.

These two reserves are owned by East Suffolk Council whilst the Parish Council shares the day to day and seasonal maintenance. For this work the Parish Council employs the Greenways Project Team whose environmental expertise and physical “muscle power” are invaluable. An additional eye is kept on the maintenance by the Countryside Ranger employed by ESC.

To give an example of such maintenance, the decision was made last year to coppice some of the trees around the pond areas in the Millstream Reserve. Coppicing is a centuries old practise which ensures the continual rotation of healthy tree growth as well as letting light into the woodland floor thus supporting the flora and fauna, bringing “new life” into the area. James Baker and his team of volunteers carried out the coppicing work.

On our walk-about we were astounded by the success of that winter coppicing. The two main pond areas were now clearly visible from a number of vantage points; the “spoils” of the coppicing had all blended into the surroundings and to cap it all just in one spot we recorded six species of butterflies, a variety of birds and a very healthy range of

wild flowers. With rustic seats and informative notice boards the whole area is a pleasure to be in.

At no time were we ever more than 50 metres from the nearest house. We hope you continue to enjoy the area as much as we enjoy maintaining and protecting it for future generations. Nothing stays still either with nature and plans are in place for this coming winter to do some further coppicing in areas where sapling trees have all but smothered the woodland floor.

As noted earlier these reserves are right beside areas of housing and many properties back onto our land. Unfortunately, some residents use our nature reserve as their local “dump” either tipping garden waste, redundant household plants and lawn cuttings over their fence or into nearby undergrowth. It is illegal to do so, never mind the negative effect on our reserves.

Likewise, it is an offence under The Wildlife and Countryside Act to remove plants from our reserves. We have had reports of someone doing so quite recently. Should we have enough cause we will involve the Police.

Recently the Parish Council commissioned a Tree Inspection and resolved to carry out all the work highlighted by the Tree Inspection Report.

On my most recent visit to Chestnut Pond I noted that the Moorhens are once again nesting successfully as are the Mallards. There was plenty of life in the pond with a decent size carp swimming right past!

How lucky we are indeed!

Let’s Unravel Some of the Mysteries of Bees

There are around 250 species of bee in the UK!! We tend to come into regular contact with less than 50 of those species. Bees are divided into categories which include **Social Bees (Bumble Bees and Honey Bees), Solitary Bees and Cuckoo Bees**. All species have a Queen, a few Drones (males) and anything from a few to many thousand Worker Bees (females). It is those worker bees which you are likely to encounter in and around your garden. Bees are very peaceful animals and, unless you give them cause to, such as trapping them or sitting on one, they will not sting.

Bumble Bees live season by season in small colonies. The Queen selects a nest site



which could be in a roof space, air vent, under a shed or in a bird box where she lays eggs to produce worker bees which then forage for food. Limited stores of honey are kept – all the colony dies out in late Autumn apart from the Queen which hibernates during the winter, waits for a warm Spring day then emerges to start the cycle all over again. Worker bumble bees have a retractable sting which it rarely, if ever, uses.

Honey Bees (left) live in huge colonies. A few exist in the wild but generally they are kept in hives by beekeepers. There again each hive will have a Queen, a few Drones and thousands of Workers. The worker bees forage for pollen and nectar which are used to support the colony and produce honey. These worker bees carry a non-retractable sting which, whilst being painful for the “victim”, proves fatal for the bee should the sting be used!

Solitary Bees. More and more reports are coming in which concern solitary bees. These select nesting sites by making use of holes in lawns, heaps of soil etc. Some burrow into the joints of brickwork and nest in wall cavities. In some locations several “solitary bees” will share the same entrance to a nest site rather like some of us live in

Species Report

Birds include all the common garden birds and listen out for Blackcap, Willow Warbler, Whitethroat, Chaffinch, Greenfinch, Nightingale, Cuckoo and many others. Don’t forget to look up as there are often Buzzards circling overhead – you may even spot a Red Kite or the fast moving Sparrowhawks and Peregrine Falcons.



Butterflies include Holly Blue, Large White, Small White, Orange Tip, Brimstone, Meadow Brown, Speckled Wood and more!



Mammals include Foxes, Muntjacs, Hedgehogs, the occasional Badger as well as a variety of Mice and Voles.

We plan to make a list of Wildflowers, Fungi and Wildlife to publish in the Winter newsletter. Please send in your reports to the Assistant Clerk.

flats sharing a common entrance and exit.

Cuckoo Bees. As their name suggests they behave like the Cuckoo bird. Rather than going to the trouble of preparing their own nest they seek out the nest of others and lays an egg in their pollen store. Her egg hatches first and eats the host egg and the rest of the pollen!

All bees are harmless unless seriously aggravated and are protected by law and it is illegal to make any attempt to disturb or destroy any bee colony. Their life cycle is short and they will be gone by the end of the Summer.

It is undeniably true that without bees (and other insects) the survival of life on the planet would be in dire trouble. Since bees are so valuable it’s possible for every garden to contribute towards their long-term survival. Consider planting hedges, borders, flower beds and pots that attract bees.

If you have any queries or concerns regarding bees please contact our Tree and Pond Warden, Councillor James Wright, the author of the Bees , Nature Notes and Species Report articles.

(See page 3 for contact details).

Meet Up Mondays on a Thursday at The Golf Hotel!

'I felt it was the perfect opportunity for the pub to reach out to the community, so anyone who feels lonely doesn't have to be alone.' **Leanne Daines (General Manager, Golf Hotel)**

We all know loneliness is devastating but did you know that as many as 1 in 10 of us say the TV is our main companion? Meet Up Mondays™ give hospitality businesses the opportunity to help change this, to show love for the community and to showcase their lovely, friendly pub, cafe, tearoom or hotel lounge, as a place of warm welcome. We are lucky in our area to have The Golf Hotel offering a Meet Up ... but on a Thursday! Every week 11am – 12.30 offering free tea, coffee and biscuits.

These Meet Ups across the county have been particularly helpful for elderly people who have recently lost their loved ones, as it introduces them to people in the community with similar interests and hobbies, helping to make genuine friendships. The Golf Hotel particularly welcomes parents and children to their Meet Ups. Meet Up Mondays is an initiative led by the Rural Coffee Caravan and Supported by Suffolk Good Neighbour Schemes (Community Action Suffolk).

Please feel very welcome to join the friendly group of 20-30 people at The Golf, it is on every Thursday and no need to book.

Sally Connick, (Good Neighbourhood Scheme Development Officer)



St Elizabeth Hospice New Community Hub

At the end of March St Elizabeth Hospice opened a brand new shop on the corner of Heath Road and Foxhall Road, just around the corner from the hospice building. A shop with a coffee shop and community hub.

The shop features a great selection of clothes and accessories with a Zest section (the charity's retail and fundraising division for young people) as well as an upstairs floor of toys, homeware and men's wear. The coffee shop sells a range of hot and cold drinks, as well as fresh homemade scones, cakes, sausage rolls and sandwiches supplied by the hospice's own catering team.

The information hub will be a great informal place for people to enjoy the coffee shop services and find out more about St

Elizabeth Hospice services, charity events and volunteering opportunities. There is also a space for meetings and classes, where the shop will soon be offering community events, such as upcycling workshops. The hub will be a great place for supporters to go who may not want to pop in to the hospice building itself, and, importantly, as it is so close to the hospice, it will act as a great centre for patients' families too.

Make sure you pay the new shop and coffee shop a visit if you haven't already and sample some of the delicious coffee and homemade cakes. (The Assistant Clerk is very partial to the cheese scones!)

Katherine Lawson-Phillips (Marketing and Communications Business Manager)



Bixley Farm Church has now been going for almost two years, holding regular times of worship on Sunday afternoons 4-5pm at Tower Hall. In April this year the Queen gave her royal assent to join the two parishes of St Johns, Cauldwell Hall Rd and St Andrews, Britannia Rd (that includes Bixley Farm church) into one single CoE parish. Officially the parish is named St John's with St Andrews, but it is also known as Mission Ipswich East (MIE).

In June we celebrated the first-year anniversary of Little Lambs, a parent and toddler group that has been meeting every Friday morning 9.15-11.00 in term time at the Tower Hall. This has proved popular with local families, so much so, that the church has invested in more children's tables and chairs that hall users are also welcome to use, as well as more toys. This group is in the main funded by MIE with a small donation from users and run by church members to offer a welcoming, fun and supportive environment to everyone.

The church has also started a second home group in the Bixley Farm area and we also offer prayer opportunities on the first Thursday of the month at 7 and 8 pm at Tower Hall.

We held a Shared Community Lunch in June where we invited anyone to come along with a plate of food and share a meal together and hope to offer more lunch events in the future. With the Parish Council's agreement, we held a litter pick in June. We are organising monthly litter picks in the future and would love people to join in.

We would like to thank the Parish Halls committee for the continued use of Tower Hall.

Contact:
Email: office@mie.org.uk
or call 01473 270978.
www.mie.org/bixley



Bixley Farm || St John's || St Andrews



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<p>Monday 9 and 11 13th Ipswich Sea Scout HQ Rushmere Road (open Bank Holidays) Tel: Wendy 0771 8304692</p>	<p>Tuesday 5.30 and 7.30 Ipswich and District Indoor Bowls Club Rushmere Road Tel: Wendy 0771 8304692</p>	<p>Thursday 9 and 11 Tower Hall Broadlands Way Tel: Wendy 0771 8304692</p>
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Kesgrave Library Summer Reading Challenge

The school summer holidays are now only a few weeks away and you may be thinking about what interesting activities you can find to occupy your children this summer. In which case, have you thought about involving them in this year's Summer Reading Challenge at the Kesgrave Library? This will, as usual, run right through the school holidays, from Saturday 12 July to Sunday 8 September.

This year the theme is **Space Chase**, an out-of-this-world adventure inspired by the 50th anniversary of the first moon landing.

Children taking part in the Challenge will join our super space family, The Rockets, for a thrilling mission to track down books nabbed by mischievous aliens! Space Chase will celebrate adventure, exploration, reading and fun!

There will be a range of activities for

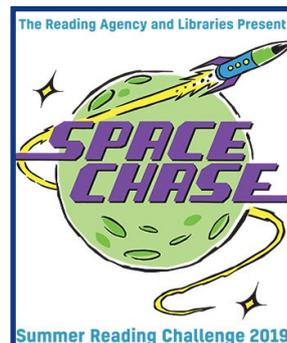
children up to 12 years old. The children will be provided with a fun reading and activities booklet where they can record their reading activities and discover other available activities on the internet. They will be asked to read at least 6 books of their own choosing and to be ready to talk about them to adult helpers. They will be rewarded with stickers and small prizes every time they complete a book. There will also be a weekly craft activity connected with the theme.

If you think your children would enjoy this activity, please come along and sign them up. There are three Early Sign-Up Dates on 16, 17 and 18 July.

The Library staff will be available to give further details if required. If you are unable to come on these dates, you can still sign up during the holiday. On 22 September, children who have completed the reading

challenge will be invited to a presentation event when they will receive a certificate and be entertained by a special guest. Buzz Lightyear will also be putting in an appearance. If you are keen to keep your children's reading up to date over the long Summer Holidays, do come along and give this event a try.

Past experience shows that the challenge is very popular with both children and parents.



Councillor Mirabel Brown

Pedestrian Crossing on Foxhall Road opposite the Golf Hotel

We are pleased to inform residents that a scheme has been approved by Suffolk County Council and funding kindly provided by Councillors Robert Whiting and Paul West from their Locality Budgets of Suffolk County Council for a pedestrian crossing along Foxhall Road opposite the Golf Hotel. This is an extremely busy road and it would be a very welcome addition for pedestrians crossing the road. The work is scheduled to take place within the next two years and we will include more details in the next edition of the newsletter. Should you have any questions regarding this in the meantime please contact Councillor Whiting or the Parish Clerk.



Ruth and Paul Goudy would like to thank everyone in our community who has supported us over the years. Without you we could not have evolved into the nursery and garden centre we have become.

We look forward to seeing you this season and hope you like our new coffee shop.

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Policing in Rushmere St Andrew



I have been a PCSO for 10 years and spent the first 8 years covering Ipswich town centre which involved dealing with a vast variety of

problem solving initiatives in a very busy area.

I am grateful to be given the opportunity to work in Rushmere St Andrew and Kesgrave and have spent the last 6 months building relationships with local business, schools and the general community.

Earlier in the year there was an increase in motor vehicle crime in Rushmere St Andrew and in particular the Broke Hall Estate. Whilst my job included providing crime reduction advice and helping with investigation enquiries, I would like to take this opportunity to praise the local residents in this area for pulling together and taking a united front in helping one another with security and personally handing out advice leaflets. This shows real community spirit and provides support and reassurance, so fantastic work to all involved.

Regarding this topic I would like to remind motorists again to ensure that vehicles are

locked and secure, and all items of value are removed to reduce temptation to thieves.

School parking remains a high priority for many and at the beginning of this term I sent out an advice letter and a guidance leaflet on road markings and parking regulations to the local schools for this to be sent out to parents. I hope this offers the opportunity for motorists to be educated and reminded of their responsibilities to ensure they do not commit parking offences but also to be courteous to the local residents living in close proximity to the schools.

On Friday 17th May I attended 'The Big Chin Wag' a monthly social and friendship group for over 60's, organised by Suffolk Age UK. This gave me the opportunity to speak with local residents from both Rushmere St Andrew and Kesgrave. I believe it is important to try and reach as many members of the community to allow them to have a voice and to offer support and guidance where I can.

Crime reporting – I have noticed from social media some residents reporting a lack of contact from Police when reporting crimes, therefore I wanted to take this opportunity to explain some of the process. As your local officer I will either be informed of issues or conduct my own research into incidents that are occurring in the area but in most cases I will not be the officer taking

your report or conducting the

full investigation. I will sometimes assist with enquiries but often you will have another officer taking care of your case. When phoning through your incident, more often than not your report will be sent to our crime recording department to record and process, unfortunately this means that you will not necessarily always receive a visit from Police unless there is a requirement for Scenes of Crime to visit or something of evidential value to collect for example.

As the warmer weather is approaching anti-social behaviour will continuously be monitored and in particular I am paying close attention to a den area that has been manufactured over Rushmere Heath, this is being regularly patrolled with the help of the local Safer Neighbourhood Team and intelligence reports are being gathered to help establish if any offences are occurring and target individuals involved.

Gemma Read
Police Community Support Officer 3208
 Partnership Funded PCSO for Kesgrave and Rushmere St Andrew
 Suffolk Constabulary
 Office: 101 extension 8160
 Email: Gemma.read@suffolk.pnn.police.uk
www.suffolk.police.uk



(Supported by Suffolk Constabulary and Suffolk Police and Crime Commissioner).

Our work is about creating safe and pleasant communities. We bring people

together for the good of all and we believe everyone has a right to feel safe where they live.

Neighbourhood Watch involves neighbours looking after each other, such as neighbours keeping 'an eye' on each other's houses while neighbours are away. Being part of the Neighbourhood Watch scheme is relatively simple - there's little or no work for you to do, apart from being a good neighbour.

How to Join

If you're interested in joining or setting up a watch, there is a local Rushmere St Andrew Neighbourhood Watch Scheme which is supported by Rushmere St Andrew Parish Council, and another in Kesgrave and we would love you to join with us.

Contact our secretary Gavin Pond

Email: neighbourhoodwatchip4@gmail.com

We also have a lot of helpful leaflets or visit **Suffolk Neighbourhood Watch**
www.suffolknwa.co.uk

Link into Police Direct

www.suffolk.police.uk/services/police-connect and you will be kept informed of any crime problems in your locality.

The Orwell Singers

Gloria Wilson, Musical Director of The Orwell Singers, will be retiring from conducting the choir this summer after 22 years.

During her time as Musical Director, the choir has performed in the Sainsbury's Choir of the Year competition and the Suffolk Festival. The choir has also appeared on the classical stage of Music in the Park in Ipswich and has carried out concerts for local organisations in aid of charity and been hired to sing at weddings.

Some of the highlights of the past 22 years are joint concerts with the Barry Male Voice Choir from Wales and West End Singers in Southampton. The choir has also travelled abroad to perform concerts.



The choir is seeking a new Musical Director and new members. If interested please Email: d.sharman@btinternet.com or telephone 01473 635955.

Healthwatch Suffolk reports that Children throughout Suffolk will potentially benefit from changes in how their mental health and emotional wellbeing is supported.

Healthwatch Suffolk's "My Health, Our Future" project revealed troubling statistics surrounding young people's views on body image, self-harm, self-esteem, cyberbullying, and social media use, including the shocking revelation that a quarter of female students aged 16 say they have self-harmed.

If you or your child need support regarding any of these issues, get in touch with the Children and **Young People's Emotional Wellbeing Hub** on 0345 600 2090, or visit **The Source** at www.thesource.me.uk. You can download the report from: www.healthwatchsuffolk.co.uk.

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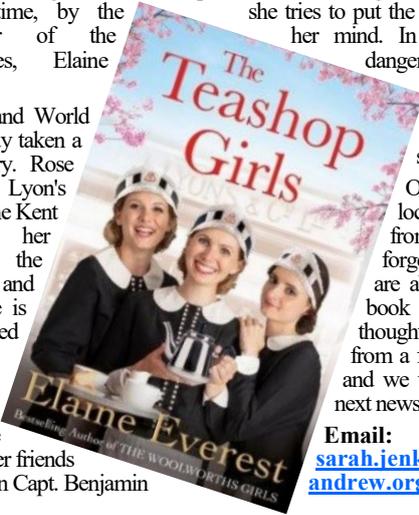
Rushmere Readers

Our choice for the Summer is 'The Tea Shop Girls' by Elaine Everest. The Teashop Girls is a warm and moving tale of friendship and love in wartime, by the bestselling author of the Woolworths series, Elaine Everest.

It is early 1940 and World War Two has already taken a hold on the country. Rose Neville works as a Lyon's Teashop Nippy on the Kent coast alongside her childhood friends, the ambitious Lily and Katie, whose fiancé is about to be posted overseas in the navy.

As war creates havoc in Europe, Rose relies on the close friendship of her friends and her family. When Capt. Benjamin

Hargreaves enters the teashop one day, Rose is immediately drawn to him. But as Lyon's forbids courting between staff and customers, she tries to put the handsome officer out of her mind. In increasingly dark and dangerous times, Rose fears there may not be time to waste. But is the dashing captain what he seems?



Order this book from your local library or purchase from the usual outlets, not forgetting to support, if you are able to, the independent book shops. Send us your thoughts on this book, anything from a few words to a few lines and we will publish them in the next newsletter.

Email: sarah.jenkins@rushmere-st-andrew.org.uk

Readers' Reviews



A great start but a bit too sickly sweet and formulaic for me. Characters were too one dimensional. Either too good to be true or complete idiots, no in-between. **M Smyth**

There are some books where you

look at the cover and think, 'I must buy this book.' I am glad I did on your recommendation. It was slightly odd but gripping. **S Baillie**

A fabulous book, beautifully and clearly constructed around 2 timeframes. I read it in 2 sittings and will definitely pick up another book from Ruth Hogan. I would recommend it. **C Baker**

Days out with the Children that don't Break the Bank!



I am a full time mum with 4 children a dog and a husband. When it is time for the school holidays I am always trying to think of ways to entertain the brood without spending too much money. I would take them to one of the big indoor play centres as a last resort, as I often find that the children get so excited to go but in reality once we are there they tire themselves out far too quickly and then end up very irritable for the rest of the day resulting in a very costly day out being counterproductive for all of us.

A local day out with a picnic is usually a winner for our household. The children's excitement when they see a picnic packed in the car, with the prospect of being away from the house for a whole day, ready for whatever adventure awaits.

If we are heading to the town centre the Ipswich Museum has become a regular place for us to visit. The famous Woolly Mammoth, War History, and the Egyptians are our favourites. It isn't far from Christchurch Park which has a great play area and the Mansion has lots of history to see and usually runs activities for children in the holidays like treasure hunts. We are lucky to have so many lovely parks in and around Ipswich, and my best picks are Holywells Park where there are usually events for children once a week in the school holidays and, it has the Stables Café for treats and refreshments (although at peak times the play area can get very over crowded), Woodbridge has a lovely play area near the Tea Hut Café and a walk along the River wall is always a hit with the children and dog!

I live in Rushmere Village and there are lovely walks from the front door to Playford Village where the children enjoy seeing the horses, sheep and (carefully) crossing the railway line, and Tuddenham where a quick drink at The Fountain and a stop to watch the motocross bikes on a Sunday keeps everyone entertained. If you are local to the Brendon Drive area, there is a lovely walk through Foxhall and over the road past the Nuffield Hospital to the 'Boardwalk' which is a trail that leads through the forest with lots of wildlife and plants to see.

I find the sources below useful to research children's activities during the holidays:

- www.allaboutipswich.com
- www.hollywellsark.org.uk
- www.ipswich.cimuseums.org.uk/visit/ipswich-museum

By Libby Griggs

Answers to Children's Quiz Page 11

1) TRUE Greenhouse gases trap heat in the Earth's atmosphere.
 2) TRUE This contributes more than any other gases!
 3) FALSE If we did, the planet would not be warm enough to support life.
 4) FALSE 200 years ago scientists thought the climate had changed many times.
 5) FALSE The Earth's climate changed regularly over the last 4.5 billion years.
 6) TRUE Fossil Fuels are formed from the remains of animals and plants.
 7) FALSE Scientists predict that global warming, could cause some animals to become extinct.
 8) TRUE Coal burning power stations are responsible for around 40% of all man-made carbon dioxide in our atmosphere!

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1 to 1 Yoga; Classes around Ipswich
 including Ipswich Hospital, St Albans High
 School, Westerfield Village Hall

Can you find the following words?

Carbon Dioxide, Fossil Fuels, Green House Gas, Methane, Weather, Glaciers, Climate Change, Temperature, Coal, Earth, Heat, Global

Environmental Word Search

L S E L S L S A F Y X O J T Q Y M E D J
 E G N A H C E T A M I L C W E V D W X S
 O E E T T L J G A X R J L G T R G M L O
 H V Y B P S Z H C I S A S D E X M U R Z
 H Q Y G P L O U P M O F S G D M J D E A
 W Z Z V R S T F G D P L Q Z I R T D A J
 Y A K W K X E Q S U S I U E X W J A T B
 S F T Y Q K M P A U D Y S M O G O L E N
 A B I S B M P S J Q S P T E I L W J G H
 G N B B K J E M T R C Q M X D A T Q I P
 E D G B A U R D Z E A E I Q N C Q G M D
 S L L W T D A A E O T X O V O I R Y P M
 U X D A P A T G L H Z U R N B E E N N O
 O I A I O O U K A E A R T H R R U R V D
 H V L Z V C R N S S Z C C J A S G S M Y
 N O J V C T E V Q E T M I U C D C N D A
 E U F O S S I L F U E L S C K P Y P H E
 E Z G U D S H W E A T H E R L N G Y L Q
 R O R L Z F C A W W S X U L D I W F W M
 G J C J Q K G L O B A L T V J M O C M F

Environmental Quiz

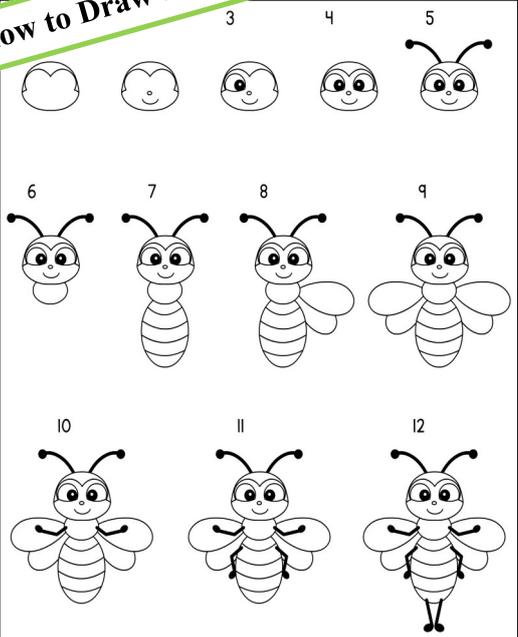
1. Carbon dioxide, methane and ozone are all examples of 'greenhouse gases' which trap heat in the earth's atmosphere. **True or False**
2. Water vapour and clouds in our atmosphere also contribute to the 'greenhouse effect'. **True or False**
3. If we could remove all of the greenhouse gases from the Earth's atmosphere our planet would be a better place. **True or False**
4. Scientists have only been aware of global climate change for about 50 years. **True or False**
5. Planet Earth's climate did not change for hundreds of millions of years until humans started burning fossil fuels. **True or False**
6. Fossil fuels such as coal, oil and gas are formed from the remains of animals and plants that died millions of years ago. **True or False**
7. Global warming will mostly affect humans not animals. **True or False**
8. Coal burning power stations (which generate electricity) are responsible for most of the man-made carbon dioxide in our atmosphere. **True or False** (answers on page 10)

You must 'bee' joking !!!!

What do you call a wasp?
 A wanna-bee!
 What do you call a bee born in May?
 A maybe!
 What do you call a bee that lives in America?
 A USB!



How to Draw a Bee



Every little bit helps!

Save trees

Save trees by recycling your own paper. Paper with a clean side can be made into notepads with a simple staple or a hole to tie a piece of string. These are great for doodles and notes. If you are buying paper, try and buy recycled paper.

Fashion Statement

Give any unwanted clothes to charity shops or to a recycling bank. A lot of our unwanted clothes go to the homeless to keep them warm or alternatively, the clothes are sent to developing countries. There's always someone who will want that knitted jumper!

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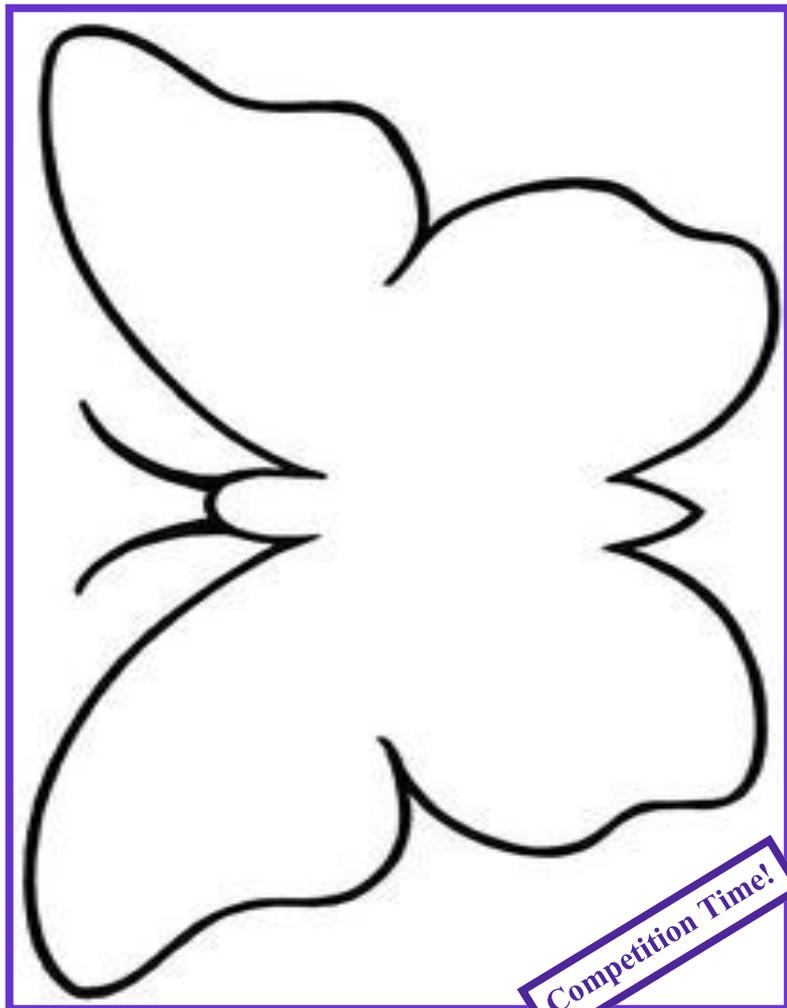
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Design and colour in the above butterfly. Be as inventive as you dare. Will it be a Red Admiral, a Marvel Avenger or a Harry Potter? It's up to you.

Post or pop your entry in the Parish Council Post Box at Tower Hall, 5 Broadlands Way, IP4 5SU. You will find the post box on the wall to the left of the doors.

Please include your name, contact details and your age.

Alternatively, you can email a photograph of your picture to the Assistant Clerk, sarah.jenkins@rushmere-st-andrew.org.uk

Closing date: 1st August 2019

The winner will be judged by the members of the Rushmere St Andrew Newsletter Editorial Advisory Panel. Their decision is final. In the interests of fairness, no family members directly related to members of this Panel may win this competition.

Who won the Winter Newsletter Competition?

The well-deserved winner of this competition and the slime kit was Mia Mayne, age 10.

Well done Mia, a fabulous picture and an unanimous decision by the judges.

It was a difficult choice as we received lots of entries and the standard was extremely high.

The judges would like to say a big thank you to everyone who entered.

