

Your Rushmere

Summer 2022 Green Newsletter

Inside this issue...

Favourites such as

Young Zone, Rushmere Readers, Children's Competition & Local History

Articles on

Queen's Platinum Jubilee, Rushmere Common, Re-Wilding, Lowering your Carbon Footprint, Encouraging Greener Gardening & Sustainable Farming

This issue is printed on recycled paper.

www.rushmerestandrew.onesuffolk.net

Welcome from County Councillor Stuart Lawson

My name is Stuart Lawson and I am proud to have helped fund this Green Newsletter as the County Councillor for Kesgrave & Rushmere St Andrew.

I am very excited about all the green possibilities we have in this area and the projects that have taken place over the last year or two and what we have planned for the future. Using my County Locality Budget, I helped fund the new re-wilding at Broke Hall Playing Field where circa 200 plants and trees were planted that will grow over the years and help bring new foliage, flowers and wildlife to the area. It is already starting to look a wonderful area to play and walk and recent contributions to the new LED lights at the Village Hall will help with energy efficiency.

I have this month donated £2,500 to The Oak Tree Community Farm, carrying on my involvement with the team there over many years – on this occasion for a new toilet/handwashing station. This is such a great place where young and old alike are actively encouraged to visit and look around, as well as it being a peaceful, relaxed area with outdoor fresh air, the ability to help grow low-carbon flowers, as well as an option to enjoy a weekly veg box of freshly harvested seasonal food.

We are all so lucky to live in this beautiful and vibrant area and I really hope you enjoy this Green Issue of *Your Rushmere*.



Councillor Stuart Lawson

Kaye Souter

NDSF. FSF.

Freelance Professional Florist

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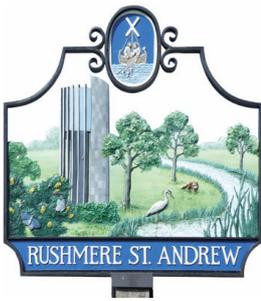
LOCAL STORIES WANTED*

Do you have a story to tell about living in Rushmere St Andrew that you think others would like to hear. If you do and are happy to write an article for the Christmas edition of Your Rushmere please send it to

sarah.jenkins@rushmere-st-andrew.org.uk

**Please note editor's decision is final.*

Cover photograph of Rushmere Common at Sunset taken by Kev Driver



Rushmere St Andrew Parish Council



Hello! We are now heading into the Summer and will no doubt be enjoying consistently good weather?! As we sit in our gardens or go on walks through our Parish, we really do now notice the greenery around us and hopefully enjoy and appreciate it.

As you may have already noticed, this edition of 'Your Rushmere' is dedicated to Climate Change. Those words can create an image of fear and dread for some people feeling like they are always being lectured to about car usage or showering too often.

We hope from reading some of the articles included you may be able to pick up some new and interesting ideas or simple life hacks. I believe it is important to do what we can but most importantly set our goals to an achievable level.

Chris Griggs - Chairman of the Newsletter & Website Advisory Panel

Rushmere St Andrew Parish Councillors & Officers

Beech Ward		
Mr C Griggs	65 The Street, IP5 1DE	07921 821869
Ms C Evans	9 Blackdown Avenue, IP5 1AZ	01473 617535
Village Ward		
Miss A Cracknell	148 The Street, IP5 1DH	01473 719746
Mrs B Richardson-Todd (Vice Chair)	57 Playford Road, IP4 5RJ	07801 736067
Mr R E Whiting (Chair)	105 Playford Road, IP4 5RQ	07831 204270
Tower Ward		
Mr D Noske	Millbank House, Tuddenham Lane, IP5 1DU	07860 564480
Mrs M Brown	15 Chestnut Close, IP5 1ED	01473 725720
Mr D J Francis	14 Clovelly Close, IP4 5UF	01473 723453
Mr M Newton	11 Chestnut Close, IP5 1ED	07788 456641
Mr R Nunn	c/o Parish Council Office	01473 711509
Mr P M Richings	29 The Pastures, IP4 5UQ	01473 436688
Mr K Driver	8 Butterfly Gardens, IP4 5TF	07748 488206
Mr B Ward	12 Playford Road, IP4 5RH	01473 622272
Mr J Westrup	9 Holly Lane, IP5 1DN	01473 272257
Mr J Wright	4 Bodiam Close, IP3 8QR	07494 447391
Clerk to the Parish Council & Responsible Financial Officer		
Mrs S Stannard		01473 711509
Email:	sylvia.stannard@rushmere-st-andrew.org.uk	
Assistant Clerk & Advertising Enquiries		
Mrs S Jenkins		07568 632110
Email:	sarah.jenkins@rushmere-st-andrew.org.uk	
Parish Office		
Tower Hall, 5 Broadlands Way, IP4 5SU		01473 711509
www.rushmerestandrew.onesuffolk.net		
Allotment Management		
Mr John Westrup	9 Holly Lane, IP5 1DN	01473 272257
Registrar and Assistant Registrar to the Burial Authority (Lawn Cemetery Enquiries)		
Mr A Duncan	8 Crofton Close, IP4 4QR	01473 727389
Mr K Brazier	registrar@rushmere-st-andrew.org.uk	07831 201554
Safer Neighbourhood Teams		
Tower Ward & Beech Ward: To speak with an officer at Ipswich East SNT - telephone 101		
Email: IpswichEast.SNT@suffolk.pnn.police.uk		
Village Ward: To speak with an officer at Woodbridge SNT- telephone 101		
Email: Woodbridge.SNT@suffolk.pnn.police.uk		
Further information available at www.suffolk.police.uk		

Parish Council Meetings

Details of these meetings can be found on the Parish Noticeboards and on the Parish Council Website at: www.rushmerestandrew.onesuffolk.net/parish-council/agendas-and-minutes/

If you wish to attend a meeting as a member of the public please first advise the Parish Clerk. Due to COVID-19 restrictions face to face meetings are subject to the Parish Council Protocols Policy available on the Council website.

Full Parish Council -Village Hall

Thursday 14 July, 7.30pm

Thursday 8 September, 7.30pm

Thursday 10 November, 7.30pm

General Purposes and Finance Committee -Tower Hall

Thursday 11 August, 7.30pm

Thursday 13 October, 7.30pm

Thursday 8 December, 7.30pm

Parish Amenities and Services Committee - Tower Hall

Thursday 21 July, 7.30pm

Thursday 15 September, 7.30pm

Thursday 17 November, 7.30pm

Planning and Development Meetings

These meetings are arranged as and when we receive planning applications for discussion. Notice of meetings and agendas will be placed on Noticeboards and the Parish Website.

The Parish Office is open but please first book an appointment.

Telephone: 01473 711509

Parish Clerk: Mrs Sylvia Stannard

Email: sylvia.stannard@rushmere-st-andrew.org.uk

Assistant Parish Clerk: Mrs Sarah Jenkins

Email: sarah.jenkins@rushmere-st-andrew.org.uk

East Suffolk Greenprint Forum is

a voluntary network, facilitated by East Suffolk District Council, enabling community environmental action to improve lives and strengthen our economy. You might like to take a look at their newsletters for more news on initiatives with respect to Climate Change: www.eastsuffolk.gov.uk/environment/east-suffolk-greenprint-forum/greenprint-forum-newsletters/

Meet the New Chairman of the Parish Council



As I sit down to write this it is the glorious month of May and I reflect on how it's my favourite month as I always associate it with new beginnings and positive growth. A quick look around the garden or a walk in the countryside in and around Rushmere St Andrew always reveals the beauty of this time of year.

Earlier this month, it was another new beginning for me as I was elected as the Chairman of your Parish Council, a role which I am very proud to have and I promise to continue to do my best for you. It is a particular personal milestone for me as in May, I entered my 40th year as a councillor on the Parish Council. The growth and changes which have occurred over those decades has been immense and of course pre-dates the development of Bixley Farm and the building of the Village Hall and Tower Hall. I am delighted to say that I have lived in the heart of Rushmere St Andrew all my life and I care passionately about the quality of life here and hope to be able to continue to assist in steering it's future.

Through the last two years I have lead the parish's neighbourhood plan working group and later this year this document should be "made" and I look forward to leading the Parish Council in turning our community's aspirations into tangible improvements for us all. Also, over the period of the Covid-19 pandemic I collaborated with Ruth Silburn (Rushmere St Andrew's Local History Recorder) in producing a book about the parish and it was during that time that I thought a great deal about our community.

This parish has for decades been subject to threats and challenges but I believe that the future is about maintaining its identity and for all of us having a feeling of being part of a cohesive community. During my time as Chairman I will be striving to encourage greater collaboration and working more closely together with other local groups and organisations across the Parish to make it an even better place.

I am always keen to hear about any thoughts and ideas you have about Rushmere St Andrew and will always be pleased to welcome you to any of our public meetings, details of which are on the website and on the parish notice boards.

Councillor Robert Whiting

Rushmere Commoners Committee

Rushmere Commoners Committee is a registered charity who manage the Rushmere Common.

A date for the calendar:

Rushmere Golf Club have informed the RCC that they have been asked to host a prestigious Ladies Area golf competition final for a national competition run by the Royal and Ancient (R&A) golf club on Friday 12 August. This is a great honour for the club and the common. Its the first time its been held at the club (at least in living memory) and demonstrates how much the course and it's surroundings on the common are appreciated by visitors.

More details on this event will be available soon.

Email: clerkrushcommoners@gmail.com

Website: <http://rushmerecommonerstrustees.onesuffolk.net>

Mondays 9.00am & 10.30am 13th Ipswich Sea Scout HQ Rushmere Road (open Bank Holidays) Tel: Wendy 07718 304692	Tuesdays 5.45pm & 7.30pm Ipswich & District Indoor Bowls Club Rushmere Road Tel: Wendy 07718 304692	Thursdays 9.00am & 10.30am Tower Hall Broadlands Way Tel: Wendy 07718 304692
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[slimmingworld.co.uk](https://www.slimmingworld.co.uk)

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Allotment News

Allotments are valuable green spaces. They help to improve the quality of life and well-being through exercise, socialisation and being out in the fresh air. They are an important community asset. Prior to the Covid pandemic, we struggled to rent out all of the 50+ allotments in Rushmere St Andrew. However, the advantage of working an allotment was evident during the first lockdown. Whilst being unable to participate in many activities, we were allowed to continue working our plots, albeit with reduced hours. Huge interest has grown in working an allotment in recent months, perhaps influenced by the ever rising cost of living. As a result, there is now a long waiting list for an allotment. Rushmere Parish Council recognises the importance of allotments to residents of the Parish, and the opportunities they give people to grow their vegetables in a friendly atmosphere. Unfortunately, without being able to acquire more inexpensive land, it will be very difficult to provide additional allotments.

For many years, there has been a bonfire area, which has been operated by the Allotment Manager. This site is now closed. The Parish Council, for reasons of safety and global warming have decided to ban the use of fires on the Allotment. Despite being a convenient option, burning green waste is a bad waste disposal idea. Burning green waste harms your health and safety for the following

reasons:

- The smoke itself can trigger breathing difficulties
 - Burning green waste releases toxic fumes - dioxins - linked to cancer, liver failure, reproductive and developmental disorders
 - Air pollution - greenhouse gases e.g. methane, carbon dioxide, etc.
- Allotment holders, will, therefore, be encouraged to compost their green waste. There are many benefits of composting green waste, particularly of the environment and your pocket! Some of the many benefits are listed below:
- Prevents soil erosion - compost alters soil structure, making it less likely to erode and prevents soil spattering on plants - spreading disease
 - Promote healthier plant growth
 - Conserves water - composting helps any soil retain water and nutrients
 - Combats climate change - methane emissions are significantly reduced
 - Reduces project maintenance costs - in some cases it can eliminate the need for chemical fertilisers
 - Improves soil health - compost loosens tightly bound particles in clay or silt soil so

roots can spread, water can drain and air can penetrate

NB: If you have green waste that cannot be composted you are advised to take it to the tip or place it in your green bin at home.

We have noticed that climate change is already very evident in the allotment. Frosts are much less severe and are generally disappeared by the beginning of May. Crops, such as broad beans, are ready up to a month or more earlier in gardens too, flowers are appearing earlier in the Spring than previously.

The previous bonfire site has been levelled and prepared for the planting of trees in Autumn, including walnut and fruit trees. The hedge line will also be improved by planting 40 mixed native species whips in the gaps to increase diversity. Around 30 hazel whips will be planted to produce nuts as well as to be cut by plot holders to make bean poles and pea sticks in future. Finally, wildflower seed mix will be scattered across the area, ideally in September.

Please note that Rushmere St Andrew residents have priority on the allotment waiting list.

For more information contact the parish office on 01473 711509 or email:

sylvia.stannard@rushmere-st-andrew.org.uk

Allotment Manager, Councillor John Westrup

A Message from East Suffolk



resources, resources more efficiently and having a small carbon footprint. Some extreme environmentalists talk about an utopia, I do not necessarily disagree with some of their focus, but there is a failure when there is no indication in how to reach this utopia. Here at East Suffolk under the leadership of Steve Gallant, we understand the urgency of addressing the climate emergency and although discussion, meetings, committees have their place we needed to act.

And act fast to make a difference.

We have and are reducing our carbon footprint in our procurement and activities and this is due mainly to senior officers across departments understanding the need to act. All officers at East Suffolk understand our aim and the atmosphere is strong in always making the environmentally friendly decision. One of the biggest changes we made last year was our migration to Hydrotreated Vegetable oil for the running of our waste trucks. This has reduced our fleet's carbon footprint by 98 pct and over 30 pct of the council as a whole, a meaningful and important milestone.

However its understanding and recognising the importance of

biodiversity which I have really emphasised at East Suffolk. Some of you may have seen our pardon the weeds signs, where we allow the grass to grow, often with footpaths cut through the grass, and encouraging engagement with nature. This more sustainable management of our land really places nature back in the heart of our communities. This project has been extended to church yards we manage where we allow the grass to grow by the older graves and only cutting paths to the graves which have regular visitors. Something rather poetic where we have death yet the sound of nature around us.

I was delighted last year to reduce glyphosate by over 45 pct, which frankly for many reasons, is the right thing to do and we have ambition to reduce further if not eliminate usage on our estate.

This is however only the start but working with communities, with residents and each and everyone thinking about our choices I do believe we do not need to accept the forecasts of destruction and loss and together the smallest of changes will make a difference over time.

James Mallinder

Cabinet member for the Environment East Suffolk

Here at East Suffolk the environment is a core principle of our strategic plan, not only this but we declared a climate emergency reinforcing that commitment. Over the last 3 years I have been developing and delivering our environment vision, making sure East Suffolk is environment resilient for the future, as well as making sure front line services we deliver today are fit for tomorrow.

The environment is not just the trees and grass we see outside the window, its how we live our lives, jobs, houses, travel, schools, food and therefore it's not a binary relationship, we should not choose one over the other. In fact new developments can be positive, using less

Life in the 1920s and 1930s: Environmentally Friendly?

Having read Dorothy Fairweather's, Walter Turner's and Don Smith's memories of life in Rushmere St Andrew during the 1920s and 30s, you realise how much things have changed, with not necessarily better results for the environment.

Manual labour would have meant men working locally on farms as labourers, herdsmen or horsemen, with some on the railway or brickworks. Many would work from dawn to dusk, and the women would help with haymaking, potato and pea picking. A few would be in service at The Limes or Villa Farm, or trained as a needlewoman or dressmaker.

Life was conducted locally with milk, bread and groceries being delivered by horse and cart, or collected from the local dairy at Limes Farm. Some residents had smallholdings growing produce for sale locally and rabbits, pigs and chickens were often kept. In Holly Lane there was an abattoir and shoe repair shop. The blacksmith and wheelwright in The Street helped with the repair of household items.

Jumble sales were very popular held in the church or village hall, with queues of people rummaging for second hand clothes, and household goods that were no longer needed.

There were no refuse collections at this time, so the

compost heap would be well used. Newspapers and wood burnt on open fires, with any residue rubbish such as broken china or bottles buried. No bottle banks for recycling, and there were no plastics; everything was wrapped in paper, or glass bottles.

Very few 1920s and 30s households recycled goods as we know it, but of course they did practice re-use, re-fashion and repair. Therefore broken wheels could be taken to the wheelwright, clothing darned and mended, agricultural implements taken to the blacksmiths or Dawson's Agricultural Engineers.

During World War Two surplus fruit such as blackberries were made into jam by members of the WI at the Village Hall. Children often had a day or half day off school to pick blackberries or hips. The Guides arranged jam jar collection and bottles were washed and refilled with milk, fizzy drinks or beer!

It is well known that to help with the war effort iron railings from churchyards and graves were melted down to contribute to aircraft manufacture.

Since the 1930s 97% of Britain's wildflower meadows have been lost due to development and changes to farming practices. This has also meant the loss of several ponds in the Rushmere area which were utilised by the farms and their horses. With less pond areas and more urban development there are less possibilities for surface water to drain away.

We could say the count is open regarding air pollution as most dwellings had coal fires or relied on wood, and bonfires burning some of the rubbish, but there were no motorised vehicles, exuding petrol and diesel fumes passing through. I leave you to decide!

Country Diary of a Rushmere Lady:
Dorothy Fairweather

Rushmere St Andrew Remembered:
Don Lewis

Please contact Ruth Silburn, Local History Recorder with any Rushmere St Andrew local history information

Email: rsilburn@hotmail.com



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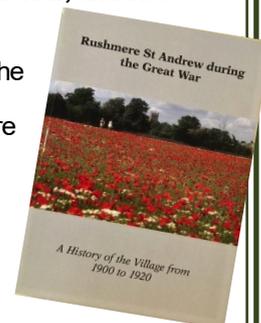
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If you have not yet bought your copy of the book *Rushmere St Andrew during the Great War, and The History of*

Rushmere St. Andrew about the history of the parish, copies are still available.
Please contact Ruth Silburn, Local History Recorder to purchase your copy.

Email: rsilburn@hotmail.com



'Re-wilding' Rushmere St Andrew!



GREENWAYS
countryside project

Perhaps a rather grand and over-used term – but 're-wilding' seems to be everywhere at the moment! Genuine re-wilding is only really possible in huge tracts of open

countryside, but within Rushmere St Andrew, it is possible to do our bit. The important aspect of this is to give wildlife space and opportunity to thrive once again following decades of negative pressures. Even the smallest improvements can make a positive difference – a bug box on the garden fence, a bird nest box, or a small patch of long grass – all contribute to the overall space available for species to survive.

Within the Parish, the Greenways Project (a partnership between Ipswich Borough Council, East Suffolk Council, Babergh District Council and the local community) carries out a variety of wildlife improvement projects for the Parish Council, each year.

The Sandlings Local Nature Reserve and Mill Stream Local Nature Reserve are larger examples – both rich in wildlife diversity and accessible for local people to explore and enjoy. The reserves are both owned by East Suffolk Council and are largely managed by Greenways with its wonderful volunteers, with the support of the Parish Council. Each year, our volunteers carry out routine management work from meadow cutting and raking in the autumn and scrub coppicing in the winter, to path cutting and surfacing through the spring and summer. Throughout the year we remove litter and maintain other structures including fences, gates, signs and seats, and look after the Jubilee Walk joining the reserves.

Many nature reserves and other green spaces derive much of their value from being well-connected to other 'green' (semi-natural habitat) – whether it be road verges, golf courses or domestic gardens. The Mill Stream reserve benefits from being next to the Foxhall Stadium heathland and woodland, whilst the Sandlings is adjacent to Rushmere Common. Gardens can certainly play their part in helping to connect larger areas and make an 'ecological network' for many species to utilise.

In the past year or so, Greenways has carried out various other enhancements for the Parish Council – mixed native-species hedge planting at Woodbridge Road – around 120 trees and shrubs were planted along with re-used plastic tree guards and a woodchip mulch to help maintain moisture in the soil and minimise weed competition. Managing a wildlife corridor from the Ipswich School sports centre to The Street – maintaining a relatively undisturbed, mixed habitat. Maintaining the Limes pond and Chestnut Pond along The Street – including removal of invasive, non-native Canadian pondweed; improving access to the pond for amphibians; installing a new information board; and trimming back overhanging branches to reduce shading and leaf-drop into the pond. Planting a hedge and wildflower strip at Broke Hall School, and then maintaining the area to maximise wildlife value.

The Parish Council has other plans that we hope to be helping with in the coming years – 're-wilding' (for want of a better term!) is an on-going process and our beleaguered wildlife needs all the help it can get! For further information about any of these sites/projects or about the Greenways Project and volunteering please email James at: james.baker@ipswich.gov.uk

James Baker

The Greenways Countryside Project



Cleaning invasive Canadian Pond, from Limes Pond



Tree planting at Woodbridge Road



Elm coppicing at The Sandlings

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Queen's Platinum Jubilee Event 2022 at Broke Hall Playing Field



On Saturday 14 May the sun shone brightly for Rushmere St Andrew Parish Council's free community event to

celebrate the Queen's Platinum Jubilee. We buried a time capsule, dedicated an oak tree (Treebilee) and brought together local community groups while celebrating the environment and the Parish Council's rewilding projects. We would like to thank County Councillor Stuart Lawson and District Councillor Mark Newton for funding this event.

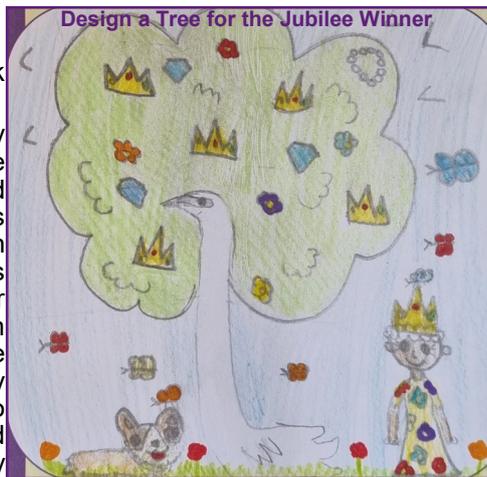
About 100 people turned up on the day including local community groups. The 51st Scout Group drinks tent proved exceedingly popular on such a hot day as did making wildlife boxes with Ipswich Wildlife Group and Greenways Countryside Project. Jason Alexander from Rubbish Walks was able to inform everyone about his litter projects while entertaining the children with extremely large bubbles and a dinosaur! We also had wildlife storyteller Gerry Donlon and making crowns fit for royalty with Tilly Jenkins and Zofia Kubacka keeping everyone entertained.

The time capsule was worked on with enthusiasm by the 51st Ipswich Scout Group. They filled it with items from 70 years ago, today and what they think the parish will be like in 70 years' time when the time capsule will be opened. Part of the future work involved junk modelling and you can see just two of the fantastic

designs they produced on the page opposite. We also popped in the time capsule a copy of the Rushmere St Andrew Parish Council Neighbourhood Plan, so that in 70 years' time residents can see how things worked out.

The time capsule was buried by County Councillor Stuart Lawson and the nominated representative of the 51st Group, Scout, Issac Walker.

We were also there to dedicate an oak tree. The 'Treebilee' scheme was launched by HRH The Prince of Wales to encourage the planting of trees during a year of celebrations to mark The



Queen's 70-year reign. As part of its involvement in the project, officially known as the Queen's Green Canopy, East Suffolk Council purchased 200 English oak trees to be donated to every town and parish council as a way of marking the occasion while helping to tackle climate change and to promote communities that are environmentally sustainable. The tree we dedicated for

the Queen's Platinum Jubilee is one of these trees.

The tree was planted among the rewilding area where hundreds of saplings have recently been planted with the help of James Baker and the Greenways Countryside Project who were at the event to answer any environmental questions. Please see James's article on page 7 to see what else they have done in the Parish.

The Parish Council delivered an invitation to this event to all homes and there was a competition to design a tree for the Queen's Jubilee. All entries were put into the time capsule. The prize winners were 3rd Prize Myles Edwards age 8, 2nd Prize Taylor Cosson age 8 and 1st Prize Olivia Matthews age 11. They were presented with their prizes at the event by Tree Warden and Parish Councillor, James Wright.

The winner, Oliva helped to dedicate the oak tree and unveil the plaque along with Julie Cordery, leader of 3rd Britannia Rainbow Guide as Julie was one of the committee members who helped to plant another oak tree at Broke Hall Playing Field in 1992. It was planted by committee members of the St Augustine's Mother and Toddler Club to mark their 15th Anniversary.

It was great to see so many residents of all ages at the event coming together and councillors enjoyed meeting everyone. A big thank you to all those who gave up their time to make this event a success including Katie Jenkins, photographer and Oliver Jenkins First Aider.

The Blue Bin Process - PAUSE and THINK what we are putting into our blue bins!

Depositing recyclable items in your blue bin in East Suffolk is only the start of the process. Many people ask, "What happens to my recyclable materials after collection?" After collection, waste from your blue bin is taken to the Materials Recycling Facility at Great Blakenham, operated by Biffa, where it is sorted and packed. In the year 2020/21, 3,278 tonnes of metal were sorted for re-use in the UK and 313 tonnes were processed in Germany.

For cardboard the result is more varied: only 389 tonnes were recycled in the UK, while 5,729 tonnes were sent to Turkey, Taiwan, India, China, Vietnam and Thailand.

For paper, 5,770 tonnes were recycled in the UK while 16,427 tonnes went to India, China, Malaysia, Indonesia, Thailand and Vietnam.

For plastics, 6,059 tonnes were recycled in the UK while Turkey and Romania took most of the remaining 2,000 tonnes.

This of course begs the question, why are we exporting so much and not recycling our own materials here? It's because we do not have the industries in the UK that use these materials. This leads us to the bigger issue of how all our decisions are interlinked to the world and any decision we make locally can have an impact in some far away country.

Another question often asked is, how much of the material collected is used? Contaminants such as general rubbish, food, glass, cartons, textiles and even used nappies need to be removed by hand, or sometimes the whole load must be rejected. In 2020/21 13,000 tonnes of wrong material were put in Suffolk's household recycling bins, resulting in a contamination rate of 25%. This is bad for the environment and costly for taxpayers.

Residents ask why glass isn't allowed in the blue recycling bin. Glass is the best item to recycle. Glass is recycled into glass – and this

cycle can be never ending. Hence a separate stream of collection using bottle banks. So, when we take glass to these banks, we really are doing something important to help the environment.

Questions on what can and cannot be placed in the blue bin or how to dispose of different items – big or small can be found at: <https://www.suffolkrecycling.org.uk/a-z-of-recycling>

The environment bill was passed last year by Westminster and this year long awaited secondary legislation will be passed allowing substantial changes in how waste will be collected. When we know more, we will let you know. But for now, we should think about how to **REDUCE, REUSE and RECYCLE.**

District Councillor Mark Newton

(Adapted from an article by Councillor James Mallinder, Portfolio Holder for the Environment)

Rushmere St Andrew Parish Council Queen's Platinum Jubilee Event 2022



Dedicating the oak tree with Oliva Matthews & Julie Cordery (above)

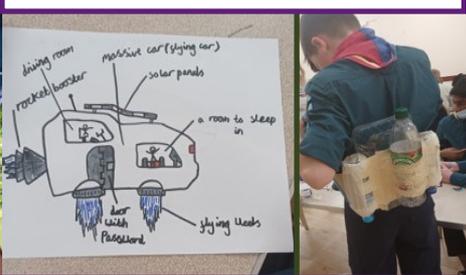


Competition winners of the Design a Tree for the Queen's Jubilee (above)



Taylor Cosson and Myles Edwards 2nd & 3rd prize competition entries (above)

Councillor Stuart Lawson & Issac Walker bury the time capsule with Councillor James Wright looking on (above)



Junk modelling for the time capsule by the 51st Scout Group (above)



Rushmere Commoners Committee and Rushmere Common

Suffolk is home to a number of heathland areas and Rushmere Common is an excellent example. These areas have shrunk over the years so it's key that this doesn't continue and it is protected. Approximately 170 acres of heathland separating the Village Ward of Rushmere St Andrew from the Tower Ward, also known as Bixley Farm, is the home to many and varied species of wildlife.

The pond is a virulent breeding ground for toads and frogs amongst other aquatic life. Suffolk Wildlife have recently visited and given the pond a big thumbs up in terms of its surrounding habitat, the amount of clear water and its mixture of reeds and shallow areas. The pond is surrounded by a fence to provide some protection for this habitat. It's important that we respect this area and keep dogs out so that the water is not churned up. There have also been reports of broken glass in the shallows and whilst some has been cleared it is likely that some remains. The water level in the pond will naturally reduce in the summer and the advice the RCC has been given is to monitor and not be tempted to try to fill from a bore hole or other sources as it will disrupt the balance of a very healthy pond. The RCC are looking to get some surveys done so we can take stock of what wildlife is supported by the pond.

The wooded areas on the common are mostly Oak and Silver Birch. These need to be carefully managed as it won't take long for the saplings to take over. It's important to note that the carbon footprint of the grasses, heather, gorse, broom, brambles etc. is very comparable to that of the trees and because of the diversity

of wildlife they provide, it is vital that the two habitats remain. Woodpeckers (both Greater Spotted and Green) can be seen and heard in the Oak woods. If you walk through the woods in May/June you will often emerge with a number of caterpillars on you as they hang from threads. These are likely to be the Oak leaf roller moth and/or the Winter moth. The Common and the Sandlings Nature Reserve (which is adjacent to the Common and Water Tower), is home to 22 out of the 31 UK butterfly species. The hawthorn/blackthorn and elm hedge rows leading to the common are home to the rare White Letter Hairstreak butterflies. Their underwings are brown, with a white W-shaped streak, an orange edge and small tails. You will see many trees covered in Ivy. Whilst the Ivy looks to be strangling the trees, they usually live harmoniously together. The Ivy provides a great habitat for nesting birds and many different insects and invertebrates.

Alongside the manicured areas of grass maintained by the golf club are the areas of heather, gorse and broom. These are the areas that give the common the colour throughout the year. In spring the common is a bright yellow as the gorse blooms and gives off its coconut scent. Yellow continues with the broom and the purple of the heather takes over in late spring/early summer. There are two types of heather which accounts for about 25% of the common, Ling and Bell. Green Light Trust have been working with the RCC to try to extend this with areas near the pond being scraped and planted. This may take a while to show. The seed for the planting has come from a large area of heather at the top of the hill where the Golf Club kindly used their roughs mower to gather the seed.

There have been reports of Jays, Sky Larks, Collared Doves, Sparrowhawks and Nightingales alongside the woodpeckers, wrens, tits, sparrows, finches, blackbirds, robins, starlings etc which is very encouraging. Slow worms, grass snakes, squirrels, muntjac deer, foxes and rabbits have all been seen at various times across the common. Fortunately, Adders haven't been reported on the common in recent years (unlike Sutton Heath). They may still be there so dog walkers and parents need to be vigilant. One of the aims of the RCC is to get some surveys carried out by expert organisations so we can make sure that we are doing the right things to protect the areas.

The Common is a wonderful space for people to enjoy wildlife, walks and of

course is home to Ipswich's oldest Golf Course. With respect and common sense from all, the space works very well and is enjoyed by many hundreds of people daily. Dog owners are encouraged to clear up with bags provided and plenty of fido bins. There are also plenty of litter bins for walkers and golfers to use, or please take it home with you. It's important green areas like the common are protected and managed for all to enjoy and most importantly to encourage a safe area for wildlife to thrive. Rushmere St Andrew, Kesgrave and East Ipswich residents are so lucky to have this on their doorstep.

If you'd like to become a Trustee then contact the clerk by email to clerkrushcommoners@gmail.com and for more information can be found on our website <http://rushmerecommonerstrustees.onesuffolk.net/>

Kev Driver



White-letter Hairstreak (underwing)



Links
 White Letter Hairstreak butterflies [White-letter Hairstreak | Butterfly Conservation \(butterfly-conservation.org\)](http://White-letter-Hairstreak-Butterfly-Conservation/butterfly-conservation.org)
 Ivy: <https://www.wildlifetrusts.org/wildlife-explorer/wildflowers/ivy>

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The Oak Tree Community Farm: Small scale, sustainable farming on your doorstep



Our story began in 2010 when our visionary founder, Joanne, bought a degraded arable field off Playford

Lane, just down the road from Rushmere Baptist Church. She quickly realised that her plans to set up a one-woman market garden business on it were unrealistic and, prompted by a local friend, decided to adopt the Community Supported Agriculture model of farming - The Oak Tree Community Farm was born!

helping with and learning about vegetable growing with no artificial fertilisers or pesticides in the relaxed natural environment.

Joanne moved on to pastures new 4 years ago and now our full-time grower Ryan plans and oversees the crops, with much of the practical work of harvesting, weeding and caring for them being undertaken by our members - it really is a community effort. Over the past year or so, in response to our increasingly unpredictable and extreme weather and as our understanding of soil ecology has grown, we have upgraded our bore-hole irrigation system and transitioned to 'no-dig' cultivation with spectacular results. No-dig beds, made of thick layers of 'brown-bin' compost, have been laid out in strips across 1/3 of our outdoor beds and in our new large polytunnel, suppressing the weeds and holding water much better than our sandy soil ever could. Our home-grown seedlings love it and have quickly grown into far larger and healthier plants than we have ever seen at The Oak Tree.



Twelve years on the soil is teeming with life, our crops are thriving, wildlife flourishes, flowers bloom all summer long, our weekly veg boxes are overflowing and we have a vibrant community of some 60 households who enjoy spending time at the Farm,

No-dig also allows the underground soil ecology to flourish, as fungal networks form and carbon is stored in organic matter instead of being given off as carbon dioxide when the soil is turned.

Another new element of the farm

bringing joy to our members, as well as the wider community is our wildlife corner. Our pond, only a few months old, is now home to a variety of native pond plants, and water creatures have also begun to move in. Nearby our new shed with our outdoor education kit has been erected by a team of farm members, while a stag beetle pyramid, bug hotel and beetle bank are installed and ready for the requisite invertebrates to add to the local biodiversity! The adjacent wildflower meadow is just starting to come into bloom too so a buzzing summer awaits in the wildlife corner.

To find out more see our website www.the-oak-tree.co.uk which includes a short video or follow us on Facebook and Instagram. New members are very welcome - our Trial Month membership, including a Farm tour, has proved popular. Bunches of our lovely cottage-garden type flowers are available through the summer and autumn, either as a weekly order (starting from £10) or a one-off bouquet. Do get in touch!

Lucy Drake



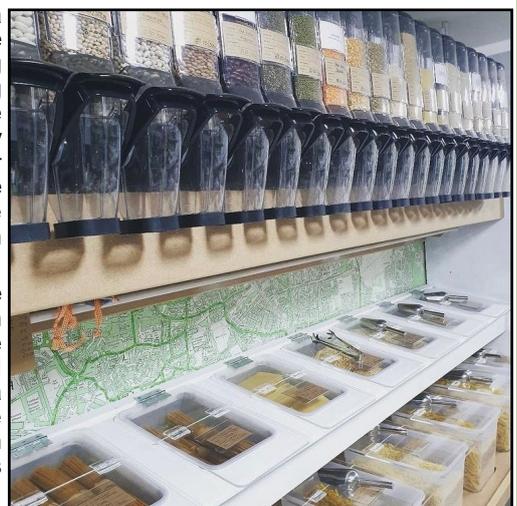
Hi, my name is Lucy and I am the owner of Unwrapped & Refill, a refill shop located at 715 Woodbridge Road, Ipswich. I opened the shop as I wanted a place that I could get as much of my shopping done without plastic packaging as possible. I was fed up of going here, there and everywhere to get my refills as I really didn't have the time or money to spend doing so. I have become increasingly more aware of the damage single use plastics are having on our environment and wanted to find an easy way of contributing to the cause. By refilling I am not only avoiding further single use

packaging but also lowering my food waste too. I am able to buy just what I need, when I need it and have no excess waste.

We can not rely on recycling either, as I found out recently only a very small percentage of our waste actually gets recycled here in the UK. A majority of it gets exported which then usually ends up getting dumped or burned. Another high percentage of our waste gets sent to landfill or incinerated. Neither of these outcomes are good for the world around us. I strongly feel that refilling is a great starting point, as we are likely to have a container or bottle in our home already and therefore do not need to buy another one for it to simply end up in the bin. A large range of the containers and packaging used in the shop also get sent back to the supplier to be sterilised and reused, which means it is within a closed loop process.

We all need to do our bit, no matter how small, and by opting to buy a product without unnecessary packaging is a perfect starting point. If every household chose to refill just one bottle the environmental impact would be massive.

www.unwrappedandrefill.co.uk



Lucy Storey

Encouraging Greener Gardening at Kiln Farm Nursery



This year was the 20 year anniversary of when Paul and I first opened Kiln Farm Nursery. Little did we know how that little second hand shed on a field would

grow into the garden centre we have today and we would like to thank all the lovely local residents who have supported us so loyally over the years.

We have seen many changes over the last two decades but one of the best is that people are recognising how important it is that we take care of our natural world. More and more people have been asking about peat free compost. Many of you have your own compost heaps or systems and that is wonderful. This really is recycling at its best. However, most of us buy compost and we would urge people to consider peat free, or certainly peat reduced, compost.

What is wrong with Peat?

Peat is a carbon store, generated by being pressed down for millions of years rather like coal was. By digging it up we are releasing carbon into the atmosphere and affecting our CO2 emissions. This is a resource we cannot replace and we have adversely affected our ozone layer.

Not only that, much of the peat comes from wetlands which is a precious environment for our birds and one that is under threat. We are causing damage to our planet, our wildlife and ultimately ourselves.

Tips for making Peat Free compost more effective.

We have been testing and selling different forms of peat free at our nursery for about ten years now. Moving to peat free requires that we garden differently to get the best results. Peat free can include many other products such as coir, sand and bark in it to give a growing medium but this makes it very free draining. We find there are usually two issues and they are to do with watering. Firstly, when you water a container or hanging basket be careful that the moisture penetrates into the compost and does not just run off the top. If need be, make a small funnel with your fingers into the compost so that the water can drain down. Secondly, the water flows through peat free compost more quickly. This means that the nutrients in the compost are diluted and washed away faster. You will need to give your plants a much more regular boost of fertiliser or liquid feed. Another alternative is an

entirely different medium. Dalefoot compost are a UK company producing a growing medium made from wool and bracken. The wool has good water retention. We are selling it for the first time this year and asking our customers to feed back with how they find it.

I have written a more comprehensive discussion about the issue of peat free compost and its sustainability over the next few years on our website. We also have lots of advice, blogs and 'how to'



videos on our 'Gardening Tips' page www.kilnfarm.com. We hope you enjoy your gardens and the lovely walks in our Parish this summer.

Ruth and Paul Goudy and the team at Kiln Farm Nursery

Wigglywoo's Craft Emporium: Lowering your Carbon Footprint

Do you think about ways you can improve on and lower your carbon footprint? There are lots of ways you can do this with making a few easy changes and thinking of what we use and purchase.

We can take our empty cleaning products and toiletries plastic bottles and get them refilled. Purchase refill packs, reuse and recycle as much as we can. Purchase loose fruit and vegetables, or make a reusable net bag to pop the produce in. Take a shopping bag with us when ever we leave the house. These things are what we can all do and should do but there are other things you can do too that you might not have thought about yet.

Beeswax food wraps are a good way to reduce our single use plastic cling film. These handy little food wraps are great for everyday use for wrapping your lunch up in and popping into your lunch box. They keep your cheese nice and fresh when wrapped and kept in the fridge, no more hard or mouldy cheese. Half used vegetables also keep well when wrapped. They also make handy covers

for those Tupperware containers you can never find the right lid for!

Whilst thinking about the bees and all the other great insects that we have which without we wouldn't have all the wonderful fresh fruit and vegetables as these little creatures, our pollinators are struggling to survive. We need to do our bit to help out and we can do this by not using weedkillers as these are often the first flowers of the spring and food for them. Joining in with the no mow May campaign and leaving our lawns to flourish a little longer for the insects to feed and survive. We can also grow more flowering shrubs and plants and you could even leave an area of the garden to grow as a wild flower area. This can easily be created by sowing a selection of wild flower seeds. You can even make and use wild flower seed bombs to scatter around the garden.

Another single use item you can replace is the cotton pads and wipes used to cleanse your face. By using washable face pads made from either fabric or crochet cotton yarn.

At Wigglywoo's we try our best to reduce

our carbon footprint where possible from where we source our materials, reducing our waste and recycling and upcycling. We offer a selection of workshops where you can come and learn how to make beeswax food wraps, seed bombs from using waste paper and you can learn how to crochet and make a large range of items and gifts including reusable face wipes.

To see all the workshops, we have to offer and our great selection of craft kits to make and do at home visit our website www.wigglywoocraftemporium.co.uk

Sharon Jennings



Bixley Farm Church



Bixley Farm || St John's || St Andrew's

Bixley Farm Church is one of three congregations that make up the ecclesiastical parish of St John the Baptist, (Cauldwell Hall Rd) with St Andrews, (Britannia Rd); also called Mission Ipswich East (MIE).

All our planned activities are now up and running. On Sundays at 4pm we have our regular time of worship, and enjoy meeting and singing as before. We have added Messy Church to the mix; and having run it successfully a few times in the last 12 months with up to 60 people attending, we are now planning to hold it every other month, on Sundays from 2.30 till 4pm.

On Friday afternoons we have CoffeeSpace, our weekly drop in for anyone wanting a chat over a hot drink and biscuit. This is held at Tower Hall and runs from 2 till 3.30pm and draws up to 25 people at times. It's free, completely informal and people enjoy just being together and chatting. Some attempt a puzzle and others do some colouring. We also held a bring and share lunch to

mark the Platinum Jubilee on 3 June. We are glad to have the facilities to meet in the hall and also to store our things in the shed.

We have a small walking group that sets out from Tower Hall at 2pm on Friday and returns at 3pm and joins the others at Coffee Space for refreshments. This allows people to participate in some gentle exercise and make new friends.

We are also keen to play our part in taking care of the physical environment. Due to its proximity to the shops the area around Tower Hall can get littered. So we have committed to regular litter picking around Tower Hall on Sundays after our services, and elsewhere in Bixley Farm on other days. Some of us also helped Jason Alexander of Rubbish Walks with his 24hour "Litterthon" in May.

We also continue to be involved in the weekly Top-up shop at St John's Church. For a fixed amount of £2, visitors can fill a bag with groceries. This has continued to date and anyone within the church parish, which includes Bixley Farm, can use the service.

All our events are free and open to anyone to join. There is no need to book.

Events are publicised via our monthly article in the Kesgrave & Rushmere edition of In Touch magazine, via our FB page www.facebook.com/MIEBixleyFarm.

For further information/questions go to www.mie.org/bixley or email office@mie.org.uk or call 01473 270978.



Rushmere Baptist Church



Rushmere Baptist church is a thriving lively friendly church in Rushmere village on the corner of The Street and Playford Lane. You are warmly invited to join us on Sunday mornings at 10.45am for a worship service with activities provided for children and young people. We also run midweek activities for people of different ages, to which you are very welcome. Now that we are able to open up and use our building again we are trying to operate in a greener more environment friendly way both on the church premises and in the community around us.

There are many lovely gardens in the area and we are planning on joining in and doing our part. The children and young people are working on building wooden planters (see photo) to be filled with beautiful colourful flowers grown by the children. By the time you read this, the flowers will be there, outside the church building for everyone to enjoy as they go by. The flowers will also attract bees and other pollinating insects.

Behind the scenes we are using organic less harmful cleaning products and equipment, especially in the kitchen. This should reduce harmful waste getting into water courses.

We hold occasional Wild Worship sessions for all the family on Saturday afternoons by Chestnut Pond near the church. We praise and thank God for all his amazing creation and enjoy activities such as pond dipping and den building. The last Wild Worship was on a very wet day but hot drinks were provided at the church afterwards!

We hold occasional litter picks in the area around the church to keep this beautiful area looking great and to remove rubbish that can damage wildlife. By the time you read this another clear up will have happened and I hope everywhere will be looking good.

May we all enjoy this summer, and we look forward to meeting you either out and about in Rushmere St Andrew or at the church.

To find out more please visit our website www.rushmerebaptist.org.uk or look at our Facebook page, or email secretary@rushmerebaptist.org.uk.

God bless.



“Not Just Quiet Lanes ...”

Those who live in the north of the Parish will know of four Quiet Lanes which have been officially designated. These are Playford Lane, Seven Cottages Lane, Tuddenham Lane and Lamberts Lane. The signs (see image bottom right of page) depict a graphic equal status to all road users.

For the most part these roads have no footway for pedestrians thus the road space has to be shared by all users. Everyone has the same “rights” and that all users respect each other. Rushmere St Andrew Parish Council is proud to have achieved the setting up of these Quiet Lanes.

Those lanes, of course, are just a small part of the road network of the Parish. Although surrounded by arterial roads and stretches of fast dual carriageways, the entire road system of Rushmere St Andrew is subject to 30mph residential streets.

Not that you would know it sometimes!! As the coordinator of our Speedwatch team I am fully aware of roads where the speed of some vehicles is constantly in excess of 30 mph.

Take part of Playford Road as an example where traffic exits Ipswich from the A1214 travelling out of town, past the junction with Humber Doucy Lane and on towards Bealings and Martlesham. Despite there being a “double blind bend”, drivers are regularly travelling at speeds up to 50 mph.

In Speedwatch sessions lasting one hour it is, sadly, quite usual to record speeds well in excess of 30mph every two minutes with 48 mph being the highest in a recent session. Such an offensive speed in a residential setting leaves little chance for error. Indeed, local residents often employ look-outs to assist safe passage from their own homes!

As I write in this “green issue” it is important to note that walking, cycling and horse-riding are very green forms of transport. It is a great pity that those forms of travelling are continually under threat by motorists.

Remember these simple driving tips:

When driving close to junctions look out for **pedestrians** especially if you are turning into or out of a road. Be ready to give way and let them cross.

When you're about to overtake a **cyclist** remember that you need 1.5m (5 ft) to pass plus a safe distance to pull in again. If you think “I can squeeze by” or “I can just make it before an

PCSO Report



PCSO Ellie MILES has now moved on to another role with Suffolk Police, and we are awaiting the arrival of a new PCSO who is coming to join the East Ipswich, Felixstowe and Woodbridge team. He is due to start imminently, so all being well he will introduce himself in the next issue!

I'm PC Hannah Canning, my role is that of Community Engagement Officer and I

usually cover the Ipswich East, Rushmere and Kesgrave area. I do try to get out and about in the area, so you may have seen me out on foot patrol or attending local events.

I also visit schools and groups, in order to meet as many people as I can within the community. I'm always looking for good engagement opportunities, so please get in touch if there is anything that I can assist with. It was great to meet local residents at a recent Street Meet near the Broadlands Way shops.

There have been a couple of recent reports of vehicle crime in the Rushmere area. As always, I would urge you to do anything that you can to reduce the likelihood of you becoming victim to opportunist thieves; don't leave valuables on display, park in well-lit places where possible and make sure the vehicle is left secure when unattended. As the weather gets warmer it is all too easy to forget about open windows!

As we move into the spring and summer months, we tend to have an increase in acquisitive crimes where tools, bicycles etc are stolen. Please look at our website for information on shed, garage and allotment security to see how you can protect your possessions www.suffolk.police.uk/crime-prevention-z. There is also information available on many other topics, including home and business security too.

Don't forget that you can also register lots of items including power tools, bicycles and electronics online at www.immobilise.com – this can help us to reunite recovered items with their rightful owners.

We often offer bike security marking and registration at our events, so please keep an eye out on social media or get in touch if this is something that you are interested in. Another way to get updates about your area is by signing up to the Police Connect email service, you can find the details here: www.suffolk.police.uk/contact-us/police-connect-sign.

If you are aware of any anti-social behaviour issues in the area, please do let us know. We rely on information from the public in order to identify areas of concern, and we can then prioritise our patrols accordingly. You can report either online at www.suffolk.police.uk/report-something or by dialling 101 – but **please always use 999 in an emergency**.

Further advice on the above topics and many others can be found on the First Principle section of the Suffolk Police website: <https://www.suffolk.police.uk/crime-prevention-z>

PC Hannah Canning

PC 1628 - Community Engagement Officer, Ipswich East

approaching vehicle” then you probably should not overtake!

When driving and you encounter **horse riders**, slow down – in narrow lanes it might be safer to stop. Look to follow the signals from the horse rider allowing you to pass safely.

Rushmere St Andrew is a lovely place to live. We all have a part to play to allow everyone to travel safely whatever their mode of transport.

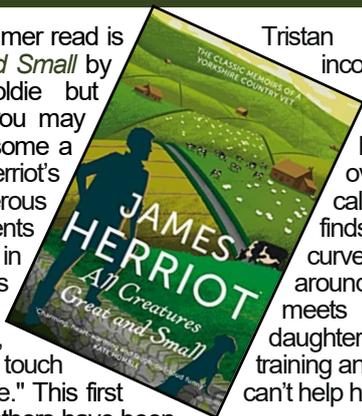
**Councillor &
Speedwatch Co-ordinator
James Wright**



Rushmere Readers

Our choice for the Summer read is *All Creatures Great and Small* by James Herriot, an oldie but goodie that some of you may wish to revisit and for some a new experience. Herriot's stories rely on numerous autobiographical elements taken from his life in northern England's Yorkshire County, and they depict a simple, rustic world deeply in touch with the cycles of nature." This first book in the series and others have been adapted for film and TV and as audio books.

Fresh out of Glasgow Veterinary College, to the young James Herriot 1930s Yorkshire seems to offer an idyllic pocket of rural life in a rapidly changing world. But from his erratic new colleagues, brothers Siegfried and



Tristan Farnon, to incomprehensible farmers, herds of semi-feral cattle, a pig called Nugent and an overweight Pekingese called Tricki Woo, James finds he is on a learning curve as steep as the hills around him. And when he meets Helen, the beautiful daughter of a local farmer, all the training and experience in the world can't help him.

Available at Amazon, your local independent bookseller or track down a second hand copy.

Send us your thoughts on this book, and we will publish them in the next newsletter.

Email: sarah.jenkins@rushmere-st-andrew.org.uk

Readers' Reviews

I enjoyed the book and came to view it like returning to a friend each time I picked it up.

S. Baillie

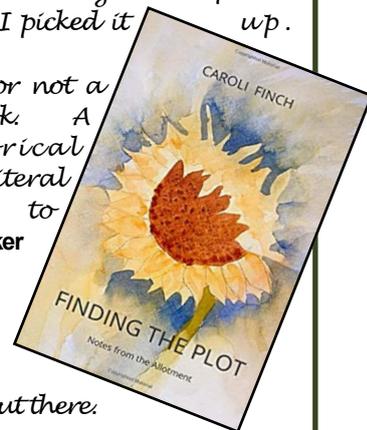
Gardener or not a great book. A metaphorical and literal journey to enjoy.

S Baker

A brave writer who puts her inner thoughts out there.

P Simms

Liked this stroll through the seasons. Some funny moments but a little too-gentle for my taste. I'm afraid.



Young Reads

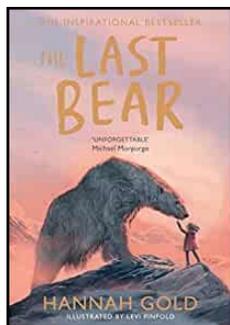
"This is an important first novel, important for us, for polar bears, for the planet. It is deeply moving, beautifully told, quite unforgettable."

Michael Morpurgo.

There are no polar bears left on Bear Island. At least, that's what April's father tells her when his scientific research takes them to this remote Arctic outpost for six months. But one endless summer night, April meets one. He is starving, lonely and a long way from home. Determined to save him, April begins the most important journey of her life...

This moving story will win the hearts of children the world over and show them that no one is too young or insignificant to make a difference. With beautiful illustrations *The Last Bear* is a celebration of the love between a child and an animal, a battle cry for our world and an irresistible adventure with a heart as big as a bear's.

This book is recommended as a must



read by teachers for children and indeed adults. It is the book the world needs right now, more than ever. It is about the connection between humans and nature, the difference a single voice can make and the need to protect what should be considered the most precious thing we have as humans: the planet.

Suitable for adventurers aged 8-12 years old or to be read together with a parent, grandparent or carer.

Buy a copy from the usual places or you can enter our competition on the back page and win your very

own copy.

If any children would like to write a short review of this book please send it to: sarah.jenkins@rushmere-st-andrew.org.uk and we will publish a selection in the next issue.

Sarah Jenkins

RECYCLE AND MAKE A BUG HOTEL

Create a cosy place for all the creepy crawlies to hang out. Cut a two-litre plastic bottle into two cylinders, then stuff it with sticks, pine cones, bark, or any other natural material. Make sure to pack the organic material tightly. Then loop a piece of twine or yarn around the two cylinders and hang your bug hotel from a tree branch or fence.

Bugs are an important part of our eco system. They do all sorts of useful things for us, from providing shelter to pollinators like bees and bumble bees (even the wasp is an important pollinator) to beneficial insects that help create our compost or eat garden pests such as green fly and other aphids. Bug hotels, provide a shelter for our little friends and welcome them into our garden. If creating our plastic bottle bug hotel, you can also view your bugs at home and observe them in their house.



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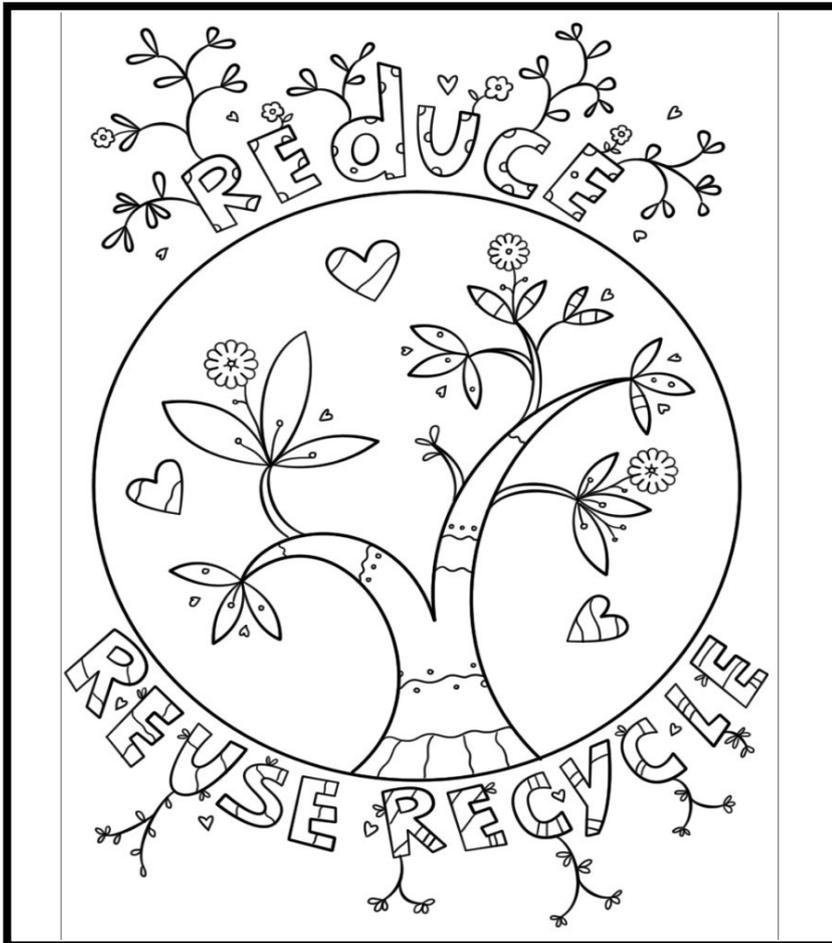
email: info@mrbeanentertainments.co.uk

www.mrbeanentertainments.co.uk

Our wonderful Speedwatch volunteers are out and about so watch your speed!!!

Your Rushmere

Colouring Competition Time



Win Dr Zigs Giant Wand Bubble Kit and the book, 'The Last Bear', by Hannah Gold.

Colour or decorate this recycling poster on the left and you could be making enormous bubbles and reading the most brilliant fiction book with beautiful illustrations.



Pop your entry in the postbox at Tower Hall, 5 Broadlands Way, IP4 5SU. You will find it on the wall to the left of the doors. Please include your name, age and contact details. Alternatively you can email a photograph of your picture and send it to sarah.jenkins@rushmere-st-andrew.org.uk

Closing date: Monday 1 August 2022.



Congratulations to Zara Balls, Age 5 whose beautifully coloured picture (below) won the Christmas issue's colouring competition. Well done and we hope you enjoyed your telescope.



Climate Change Wordsearch

V	C	O	N	S	E	R	V	A	T	I	O	N	W	N	U	E	R	M	X	X	N	E
L	M	S	F	P	P	N	Z	K	N	G	L	O	B	A	L	W	A	R	M	I	N	G
E	D	G	E	S	D	P	U	B	E	O	Q	D	Y	L	O	I	P	E	Q	L	Q	Z
U	J	E	E	T	S	E	H	P	M	O	X	E	M	M	X	G	D	I	T	I	J	S
F	P	N	S	V	G	V	P	L	N	Q	O	F	Z	D	T	J	U	I	G	F	T	Z
O	C	O	A	C	S	Z	Q	U	O	J	C	O	E	A	W	M	C	G	T	G	B	W
I	A	I	N	Z	R	P	J	P	R	S	J	R	A	I	N	F	O	R	E	S	T	T
B	R	T	D	I	X	I	Q	G	I	L	E	E	Y	K	B	P	O	L	L	F	G	R
T	B	A	K	X	A	M	K	T	V	G	R	S	C	O	W	U	F	U	R	C	J	I
L	O	V	F	V	H	J	M	N	C	G	T	M	E	T	H	A	N	E	X	A	V	
E	N	R	S	H	S	Y	C	A	E	H	Y	A	H	B	K	E	X	T	I	N	C	T
U	D	E	H	W	M	N	D	A	Z	N	T	J	W	V	Z	M	D	L	I	D	X	
F	I	S	E	C	X	N	H	F	O	M	S	I	O	F	D	I	M	E	Z	I	U	X
L	O	E	K	S	E	Y	L	T	V	O	Q	O	M	H	N	J	D	N	H	L	E	Q
I	X	R	N	E	U	X	J	Z	R	M	F	N	W	M	L	B	O	D	U	J	D	E
S	I	P	L	D	K	E	R	R	E	D	U	C	E	I	U	M	Q	C	H	U	Y	R
S	D	W	U	Y	X	N	R	K	N	M	S	Q	F	L	I	C	O	M	P	O	S	T
O	E	V	Y	J	B	J	B	Z	W	W	I	Q	B	S	C	E	H	W	W	J	X	D
F	X	C	I	N	A	G	R	O	G	X	G	S	R	E	C	Y	C	L	E	P	M	O
W	W	N	C	E	T	J	M	D	L	I	R	F	Y	K	P	O	A	U	W	G	H	J
U	X	G	N	Y	T	M	E	I	J	T	E	S	F	F	O	N	O	B	R	A	C	Q
B	I	T	Z	C	N	W	F	U	B	R	E	F	O	R	E	S	T	A	T	I	O	N
Z	C	L	I	M	A	T	E	C	H	A	N	G	E	D	R	C	W	B	Q	H	K	O

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|----------------|---------------|----------------|--------------|---------------|
| Biofuel | Compost | Extinct | Methane | Recycle |
| Carbon Dioxide | Conservation | Food Chain | Organic | Reduce |
| Carbon Offset | Deforestation | Fossil Fuel | Peep | Reforestation |
| LED Bulbs | Endangered | Global Warming | Preservation | Reuse |
| Climate Change | Environment | Green | Rainforest | |

